

News Letter

September 2020



# KAMAL MODEL SENIOR SECONDARY SCHOOL

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# PHOENIX

Rise up and become the person you want to be.

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**If your world looks gloomy,  
and you are feeling grin and glum,  
make a rainbow for yourself..  
don't wait for the one to come..  
don't sit watching at the window..  
for the clouds to part..  
there will soon be a rainbow if,  
you start one in your heart.**

**We are really proud and exuberant  
to acclaim that we are ready with all  
the new hopes and hues to bring out  
the second issue of "Phoenix" which  
will surely unfold the unravelled  
world of the most unforgettable and  
precious moments of the school.**

**We are sure that the positive  
attitude, hard work, sustained  
efforts and innovative ideas  
exhibited by our young champions  
will surely stir the mind of the  
readers and take them to the surreal  
world of unalloyed joy and pleasure.  
We heartily wish all the readers our  
best wishes and hope this souvenir  
will enjoy your critical acclaim and  
prove itself to play a vital role in the  
all round development of the  
children.**

# OUR CO-ORDINATORS



Learning is the process of constantly updating in an ever changing world. The first five years experience the most rapid changes of life and are critical in a child's development. Children develop rapidly during this time; physically, intellectually, emotionally and socially. Also, the earliest years of a child's life are a key to predicting ultimate success in their school and personal life. The period from the age of three years until the beginning of Class 1 in a mainstream school is called the Foundation Stage of learning. All children should be given the opportunity to experience the very best possible start to their education.

*Ms. Jaspreet Kaur*

*Ms. Mansi Behl*

It is the prime duty of educational institution to promote strong positive character traits and foster creativity and innovative thinking among students to teach not to be afraid of failure but strive hand to achieve success for excellence, make them learn to see things in proper perspective and above all to be disciplined. In all perspective my students are beyond my expectations.

I hope and pray that the students of our school will scale great height and keep the KMS flag high. May God intercede for all who enter the school company.



# THE EDUDEXTROUS



**The IT  
Architect**  
*Ms. Nupur Aggarwal*



**The  
Content Compiler**  
*Ms. Parul Gulati*

## The Content Providers



*Ms. Preeti Parashar*



*Ms. Sharanjeet Kaur*

# Nursery

Ekta yadav, Kritika Sharma, Virat Dhaka, Mahi Sharma, Fara Khan, Haridyansh Rawat, Jasnoor Vohra, Tanishka Bali, Tavisha, Utkarsh Prasad, Vriti Uppadhayay, Abhijeet prasad, Ridhi

# Prep

Aachman sharma, Ansh Kumar Jha, Manav Kr. Rikhari, Mayur Sharma, Lily bhatt, Prakhar Thakur, Saanchi Lakhmani, Shreyansh Sharma, Rishab Dhangar

# Class 1

Aks Kumar, Anshika Rawat, Elina Pal, Sampoorna, Lakshya Sharma, Naksh, Prisha Mogha, Rishu Kumar, Shreshth, Vishalakshi, Aanya Arora, Aarav Sengar, Akansha Singh, Hardeep Singh, Kartik, Milan Singh, Pari Gupta, Ridhi Rawat, Yash Sharma, Aarav Tiwari, Aarav Yadav, Aksh Kanaujia, Aarav Kumar, Chetna, Md. Hannan Khan, Mudit, Raksham Verma, Satya jeet, Varidhi, Lakshay Kumar, Vanshikha, Akshay Kapoor, Ankit Nishad, Kabir Gautam, Kartik Khare, Prakash, Riya Kumari, Sanvi Sharma, Atulya Jha, Harshita, Kashish Goel, Om Shrivastava, Pragyan Rai, Riya Mehra, Anmol, Kanishka, Karmann, Naman

# Class 2

Angel, Naksh, Aarav Kumar, Raunak singh Negi, Safal Mirdha, Ansh Solanki, Shreya, Adhiraj, Kritika, Manshi, Anika, Kuldeep, Nitin Pant, Yashika, Yashita, Aradhya, Aryanand, Kushagra, Prerna

WOO HOO  
IT'S YOUR  
BIRTHDAY  
MONTH



**GANDAGI** **MUKT** **BHARAT**

**8th August: Launch of the Rashtriya Swachhata Kendra, e-Ratri Chaupal with sarpanches by the District Collectors**

**9th August: Campaign led by village mukhiya/sarpanch to collect and segregate Single-Use Plastic (SUP)**

**10th August: Shramdan in panchayats to whitewash/cleaning of public buildings & Launch of SBM mobile academy**

**11th August: All India wall painting day of SBM messages in villages**

**12th August: Shramdaan in villages. Tree Plantation**

**13th August: Online painting competition (classes 6 to 8); essay competition (classes 9 to 12) on the theme of 'Gandagi Mukht Mera Gao' & Virtual tour of the RSK by Ministry of Jal Shakti**

**14th August: Cleanliness and Sanitization drives in Primary Health Cares (PHCs).**

**15th August: Independence Day: ODF Plus declarations of villages in Aam Sabha.**

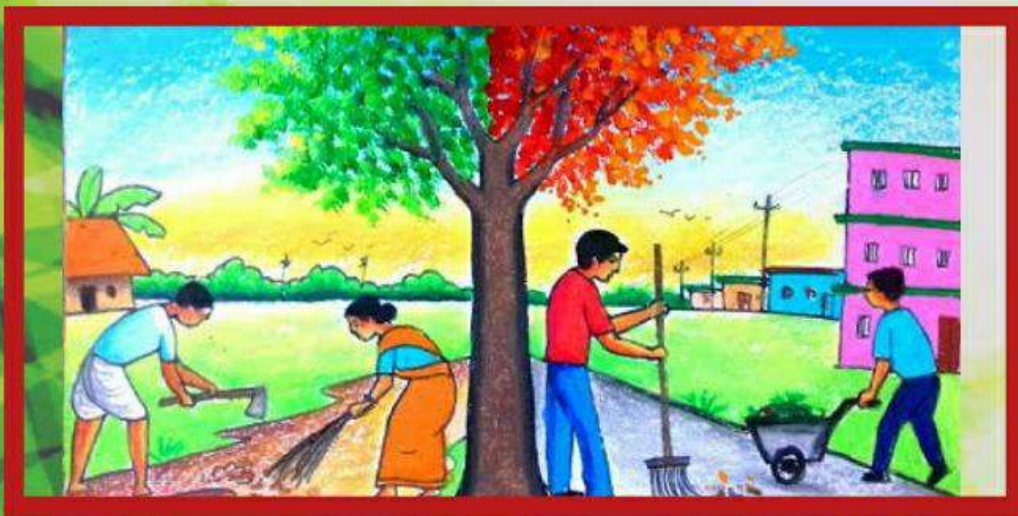


## 'Gandagi Bharat Chodo': PM Modi Launches Week-Long Cleanliness Campaign For Garbage-Free India

The Department of Drinking Water and Sanitation (DDWS) has organized a week-long behaviour change campaign called 'Gandagi Mukht Bharat' (GMB) from 8th to 15th August 2020. As the name implies, the campaign aims to reaffirm commitment towards building a cleaner and healthier future.

In his speech, PM Modi urged the district authorities to intensify the "Gandgi Mukht Bharat" drive to shun everything that weakens India.

"Together, we have to move forward ... preparing compost out waste, water recycling, getting rid of single-use plastic," he added.





## **TOPIC – GREEN AND CLEAN INDIA GREEN**

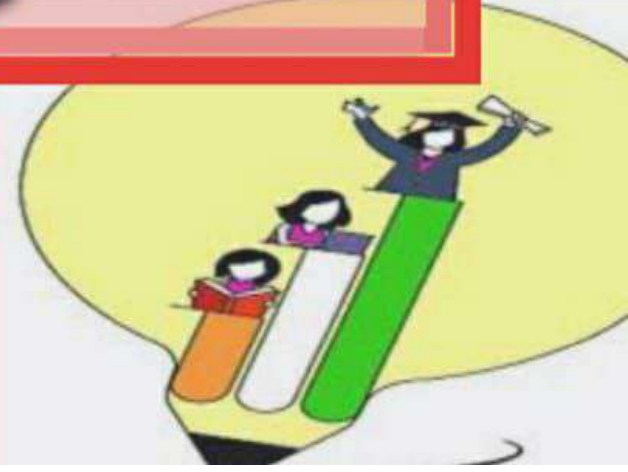
**“CLEANLINESS IS GODLINESS” is the mantra of Mahatma Gandhi ji, Father of Nation. Mahatma Gandhi had a revolutionary vision about making India clean. To fulfil his dream of a clean and hygienic India, Shri Narendra Modi himself initiated the cleanliness drive. He gave the mantra of ‘Na Gandagi Kareng, Na Karne Denge’.**

**Today teachers organized an activity on clean and green India, they encouraged students to be the part of this movement. Teachers explained the importance of cleanliness in their life. It helps in making a good personality and impression in the society as it reflects the clean character. The students made a beautiful poster on Green and Clean India.**

**LIVE LIFE CLEANER  
BY  
MAKING EARTH GREENER**



**LET'S HAVE A  
LOOK TO  
NATIONAL  
EDUCATION  
POLICY  
2020**



# **INTRODUCING** **NEP 2020**

The global education development agenda reflected in the Goal 4 (SDG4) of the 2030 Agenda for Sustainable Development, adopted by India in 2015 - seeks to “ensure inclusive and equitable quality education and promote lifelong learning opportunities for all” by 2030. Such a lofty goal will require the entire education system to be reconfigured to support and foster learning, so that all of the critical targets and goals (SDGs) of the 2030 Agenda for Sustainable Development can be achieved. The world is undergoing rapid changes in the knowledge landscape. With various dramatic scientific and technological advances, such as the rise of big data, machine learning, and artificial intelligence, many unskilled jobs worldwide may be taken over by machines, while the need for a skilled workforce, particularly involving mathematics, computer science, and data science, in conjunction with multidisciplinary abilities across the sciences, social sciences, and humanities, will be increasingly in greater demand. With climate change, increasing pollution, and depleting natural resources, there will be a sizeable shift in how we meet the world’s energy, water, food, and sanitation needs, again resulting in the need for new skilled labour, particularly in biology, chemistry, physics, agriculture, climate science, and social science. The growing emergence of epidemics and pandemics will also call for collaborative research in infectious disease management and development of vaccines and the resultant social issues heightens the need for multidisciplinary learning. There will be a growing demand for humanities and art, as India moves towards becoming a developed country as well as among the three largest economies in the world.

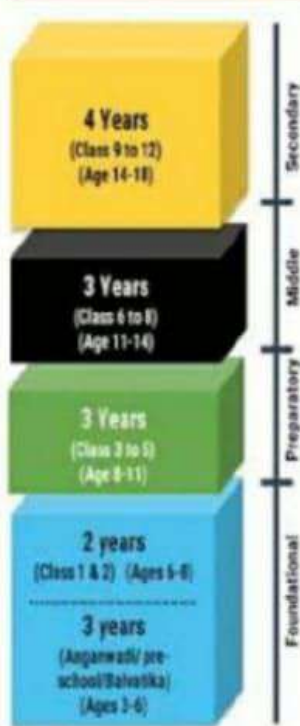
# PICTORAL REPRESENTATION OF NEW NEP 2020

## Transforming Curricular & Pedagogical Structure

### Existing Academic Structure



### New Academic Structure



New pedagogical and curricular structure of school education (5+3+3+4): 3 years in Anganwadi/pre-school and 12 years in school

- **Secondary Stage (4)** multidisciplinary study, greater critical thinking, flexibility and student choice of subjects
- **Middle Stage (3)** experiential learning in the sciences, mathematics, arts, social sciences, and humanities
- **Preparatory Stage (3)** play, discovery, and activity-based and interactive classroom learning
- **Foundational stage (5)** multilevel, play/activity-based learning

# NEP 2020

An overarching theme of the 2020 NEP is to reimagine education as learning and broad mental development, getting away from rote learning and test preparation.

Second, restructuring the primary and secondary school progression to de-emphasise examinations, and to allow greater variety and flexibility in what is taught, is also of enormous importance. Giving children opportunities to explore, to find their interests, and to develop their minds in multiple dimensions is the essence of true education.

The final challenge is in the core resource needed to make the NEP work. India does not have enough well-trained teachers, from preschool all the way to graduate school, to realise the changes that are needed. Lighter and more streamlined regulation, which is in the NEP, will help. But there are still incentive problems that hinder the performance of teachers, even if they are trained.

# THE MENTORS

## certified in NEP 2020



# RAM BHUMI

Ram Janmabhoomi (literally, "Rama's birthplace") is the name given to the site that is hypothesized to be the birthplace of Rama, believed to be the seventh avatar of the Hindu deity Vishnu. The Ramayana states that the location of Rama's birthplace is on the banks of the Sarayu river in a city called "Ayodhya".

Some Hindus claim that the exact site of Rama's birthplace is where the Babri Masjid once stood in the present-day Ayodhya, Uttar Pradesh. According to this theory, the Mughals demolished a Hindu shrine that marked the spot, and constructed a mosque in its place. People opposed to this theory state that such claims arose only in the 18th century, and that there is no evidence for the spot being the birthplace of Rama.

The political, historical and socio-religious debate over the history and location of the Babri Mosque, and whether a previous temple was demolished or modified to create it, is known as the Ayodhya dispute.





Welcoming bollywood stars playing role in First Virtual  
Ayodhya Ramleela, by the Vice President of the  
Ayodhya Ramleela Committee

MR. V. P. TANDON



राम मंदिर हर हिंदू की  
आस्था और विश्वास है,  
जो राम से बिमुख है, वही  
जीवन में निराश है!



राम जिनका नाम  
है, अयोध्या  
जिनका धाम है,  
ऐसे रघुनंदन को  
हमारा प्रणाम है!



# PREVENTIVE MEASURES IN COVID-19

To prevent the spread of COVID-19:

Clean your hands often. Use soap and water, or an alcohol-based hand rub. Maintain a safe distance from anyone who is coughing or sneezing. Wear a mask when physical distancing is not possible. Don't touch your eyes, nose or mouth. Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze. Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention.

## All members of the household

Wash hands with soap and water regularly, especially:

- after coughing or sneezing
- before, during and after you prepare food
- before eating
- after using the toilet
- before and after caring for the ill person
- when hands are visibly dirty



Avoid unnecessary exposure to the ill person and avoid sharing items, such as eating utensils, dishes, drinks and towels.



When coughing or sneezing, cover mouth and nose with flexed elbow or use a disposable tissue and discard immediately after use.



Monitor everyone's health for symptoms such as fever, cough and if difficult breathing appear, call your health care facility immediately.

## For caregivers



Ensure the ill person rests, drinks plenty of fluids and eats nutritious food.



Wear a medical mask when in the same room with an ill person. Do not touch the mask or face during use and discard it afterward.

Frequently clean hands with soap and water or alcohol-based rub, especially:

- after any type of contact with the ill person or their surroundings
- before, during and after preparing food
- before eating
- after using the toilet



Use dedicated dishes, cups, eating utensils, towels and bedlinens for the ill person. Wash dishes, cups, eating utensils, towels, or bedlinens used by the ill person with soap and water.



Identify frequently touched surfaces by the ill person and clean and disinfect them daily.



Call your health care facility immediately if the ill person worsens or experiences difficulty breathing.

The background of the entire page is a collage of various healthy snacks in glass bowls, including sliced cucumbers, broccoli, cauliflower, chickpeas, and other fresh ingredients. The title "HEALTHY SNACKS" is written in large, bold, red, stylized letters across the top of the image.

# HEALTHY SNACKS

In light of the changes to our operating procedure, we will not be selling snacks during playtime. Having a healthy snack during playtime is obviously something to be encouraged, since it gives growing bodies an energy boost during the long morning session. It is also an opportunity to have one (or more) of our 5-a-day portions of fruit and vegetables. We have received numerous requests for recipes for healthy snacks that children and staff can bring in for their playtime. So, starting from this first full week in our new year groups, we will be sharing some of our tried and tested food ideas. Fruit is naturally sweet, so children love it. Fruit can be served whole, sliced, cut in half, cubed, or in wedges. Canned, frozen, and dried fruits often need little preparation.

The background of the page is a collage of various healthy snacks in glass bowls, including vegetable sticks, fruit, and nuts. The title 'HEALTHY SNACKS' is written in large, bold, red, stylized letters across the top.

# HEALTHY SNACKS

Batons (strips) of vegetables. Batons of carrots, bell peppers and cucumbers stay crisp and crunchy for the entire day in a container. Ideal to snack on finger size portions during playtime.

Dried fruit such as raisins, apricots, apples, cranberries, pineapple, papaya, and others with little or no added sugars. Avoid crystalized dried fruits that are as unhealthy as sweets in terms of the sugar content.

Why not try making your own apple crisps by slicing crisp apples such as Granny Smith or Braeburn into wafer thin slices and air drying them for about 45 minutes in an oven on a low heat. Try flavouring these apple crisps with cinnamon or a drizzle of honey.

Why not try making some of these healthy snacks for next week's playtime?

The background is a vibrant green with a pattern of white circles of varying sizes. A string of colorful triangular bunting flags hangs across the top. The scene is filled with a dense shower of multi-colored confetti, including small circles and teardrop shapes in shades of blue, pink, yellow, and green.

**THE  
FESTIVE  
FERVOUR**

HAPPY  
Rakhi



Nur-Prep



**THE AUSPICIOUS DAY OF RAKSHA BANDHAN WAS CELEBRATED AT KAMAL MODEL SCHOOL BY ORGANIZING A RAKHI MAKING COMPETITION FOR PRE PRIMARY CLASSES. RAKSHA BANDHAN IS A SPECIAL OCCASION TO CELEBRATE THE BOND BETWEEN BROTHERS AND SISTERS SYMBOLIZED BY THE TYING OF A HOLY THREAD, 'RAKHI' AROUND THE WRIST OF BROTHERS. THE CHILDREN JOINED IN THIS CELEBRATION, WHICH WAS AIMED AT STRENGTHENING THE BOND OF LOVE AND TO INSTILL THE VIRTUES OF LOVE AND HARMONY AMONG THE YOUNG, GROWING KAMALIANS.**



**RAKSHA BANDHAN**

**Happy  
Rakshabandhan**



'Raksha Bandhan' or 'Rakhi' is a special occasion to celebrate the virtuous bond of love between a brother and a sister which is one of the deepest and noblest of all human emotions.

To commemorate this festival, two different activity was organized for the boys and girls of class1 and 2nd on 31st July.

Girls made beautiful Rakhis by using any one shape circles, squares, rectangle using different sheet of glitter colours. Silken thread, ribbon, etc.

Boys made a paper envelope by using white sheet. And decorate their envelope by pasting different shapes like circle, triangle small heart shapes and with bow.

Their artisanship was quite fascinating and children thoroughly enjoyed this activity that tickled their creative side.

RAKSHABANDHAN





happy  
friendship day



I-II

# FRIENDSHIP DAY

The little kids of class 1 celebrated the bond of friendship on 5th August 2020. The students were made aware of the importance of friends in life. They were also made a friendship cup for their best friend and were told different qualities of a friend. Well said:  
"Friend in need is a friend indeed."





**SHRI KRISHNA  
JANMA SHYAMI**

# JANMASHTMI

The festive fervour is round the corner. Once in lifetime experience, seeing kids dressed up as little kanha ji. This activity was organised by both Nursery and Prep classes. The students looked stunning in the yellow outfits. The enthusiasm in them was at such a height that it seemed Kanhaji himself has come to bless us all.  
Have a look!



I-II

# JANMASHTMI

श्री कृष्ण जन्माष्टमी महोत्सव  
कमल मॉडल विद्यालय के छात्र छात्राओं ने जन्माष्टमी के  
उपलक्ष्य में अपनी सुंदर प्रस्तुति का प्रदर्शन करते हुए,  
भगवान कृष्ण का जन्मोत्सव बड़े उल्लास से मनाया। किसी  
ने कृष्ण लीला का प्रदर्शन किया, तो किसी ने गोपी नृत्य कर  
उनकी आराधना की। अपनी कलात्मक योग्यता से किसी ने  
कृष्ण भगवान के चित्र बनाएं। इन नन्हे कलाकारों ने सिद्ध  
कर दिया कि परिस्थिति कैसी भी हो हम आगे बढ़ते रहेंगे।



HAPPY INDEPENDENCE DAY



August

Nur-Prep

# HAPPY INDEPENDENCE DAY

ग़ा हिरे

When these kids recite the patriotism in their words, that is the true nationality that they depict. Here is a glimpse of kids of Class Nursery speaking up the words of freedom fighters. We call it "WORDS OF WISDOM" by the youngest leaders of tomorrow. These students, this way offer their salute to the nation, thereby celebrating the 74th Independence Day.



# HAPPY INDEPENDENCE DAY TRICOLOR DISHES

There are so many changes taking place in the country, our independence and freedom have taken on a much deeper meaning. However, food remains the one unifying factor no matter what we are or what we do.

This Independence Day, the mothers of class II students showed their cooking skills and creativity in presenting different dishes using only the tri colours. They made pulao, pasta, idly, sandwich, dhokla, fruit salad etc. This activity motivated all the mothers to show their talents, as it is the auspicious occasion of freedom and in this democratic country every person has the right to show his/her best quality.







**GANESHA**

**CHATURTHI**

# GANESH CHATURTHI

Nur-Prep

The students of classes Nursery and Prep celebrated Ganesh Chaturthi by welcoming a self made puppet of Ganesha. They were also told the story of the Ganesha's face and name by the teachers. Later they tapped their feet on Ganesha songs as well. The students enjoyed the, activities and understood the story of Ganesha well



# GANESH CHATURTHI

I-II

Ganesh Chaturthi is a Hindu festival that is celebrated every year especially in Maharashtra and Karnataka.

It is celebrated as the birth anniversary of Ganesh the youngest son of Lord Shiva.

Ganesh Chaturthi is celebrated in the month of August or September every year.

In Hindu Mythology, Lord Ganesh is "Prathama Pujya" and is worshipped first among all Gods.

Celebrating events and festivals in schools have become an integral part of learning and building a strong cultural Belief in a child. Celebration will bring students closer to traditional and cultural belief. Ganesh Chaturthi is a festival celebrated with much across India. Lord Ganesh the elephant deity is considered the god of wisdom and new beginning. On Saturday 22nd

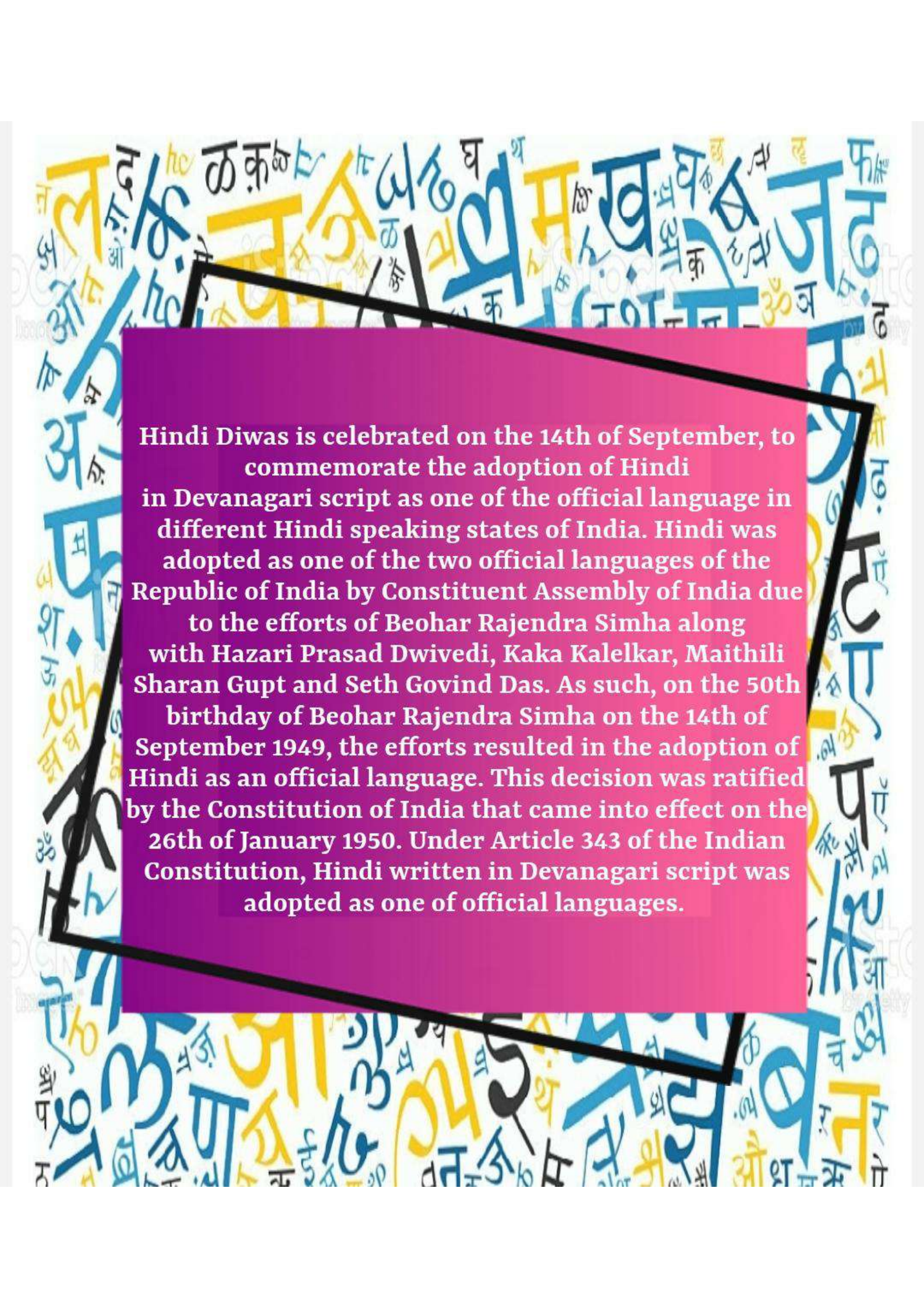
August Ganesh Chaturthi online celebration was commenced in Kamal model Senior secondary school. Teacher spoke about the festival and its significance followed by eco friendly Ganesh crafted and beautifully decorated for the occasion. A close bond is built between the students as they understand each others different customs through these celebrations.





हिंदी दिवस

14 सितंबर



**Hindi Diwas is celebrated on the 14th of September, to commemorate the adoption of Hindi in Devanagari script as one of the official language in different Hindi speaking states of India. Hindi was adopted as one of the two official languages of the Republic of India by Constituent Assembly of India due to the efforts of Beohar Rajendra Simha along with Hazari Prasad Dwivedi, Kaka Kalelkar, Maithili Sharan Gupt and Seth Govind Das. As such, on the 50th birthday of Beohar Rajendra Simha on the 14th of September 1949, the efforts resulted in the adoption of Hindi as an official language. This decision was ratified by the Constitution of India that came into effect on the 26th of January 1950. Under Article 343 of the Indian Constitution, Hindi written in Devanagari script was adopted as one of official languages.**

**Apart from local-level events in schools and other institutions, a few of the notable events include**

**The former President of India, Pranab Mukherjee had conferred awards in different categories for the excellence in different fields pertaining to Hindi at a function in Vigyan Bhavan in New Delhi.**

**Rajbhasha Awards were conferred upon the Ministries, Departments, PSUs and Nationalised Banks.[3]**

**Ministry of Home Affairs in its order dated 25 March 2015 has changed name of two awards given annually on Hindi Divas.**



# TREE PLANTATION DAY

As we all know that plants are crucial part of our life. It is important to save trees for all of all of us. So keeping the spirit of Vanmahotsav alive with the ongoing tree plantation drive all across the country, a tree plantation activity is organized in our school. The kids are motivated to grow some plants in their surrounding and send their pictures alongwith the plants. Planting trees in their house or in neighbourhood make them enjoy the beauty of greenery around them.

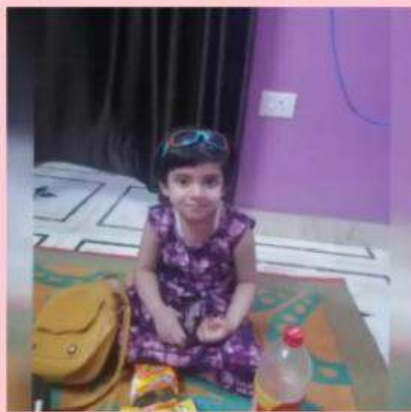
Teacher organized an activity on the occasion of plantation day in class also. The students made a beautiful bunch of flowers in a hand with the help of colourful papers. They had enjoyed a lot while making this beautiful bouquet. The participants are highly enthusiastic to make this activity a big success.

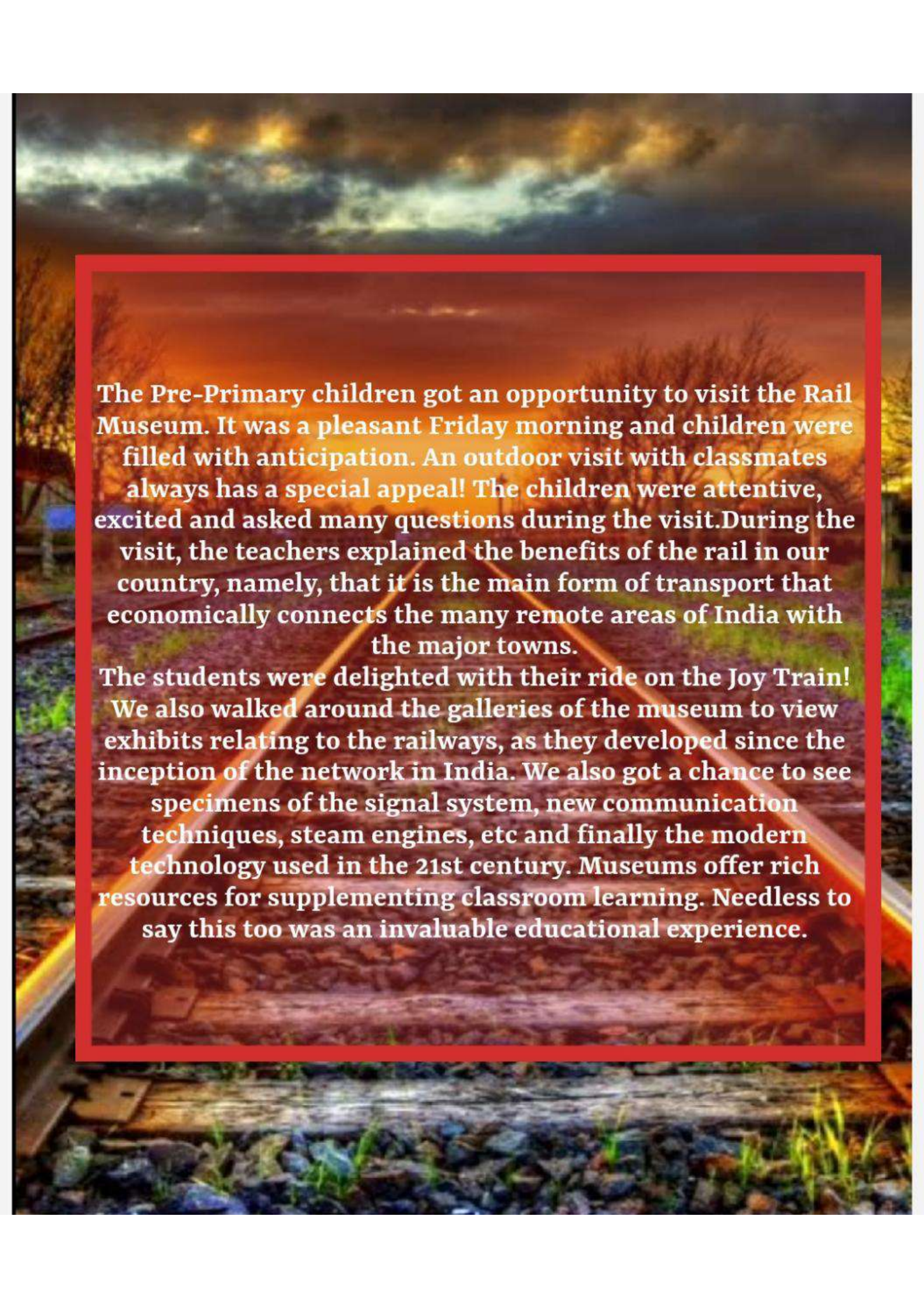




**VIRTUAL  
PICNIC TO  
RAIL  
MUSEUM**







**The Pre-Primary children got an opportunity to visit the Rail Museum. It was a pleasant Friday morning and children were filled with anticipation. An outdoor visit with classmates always has a special appeal! The children were attentive, excited and asked many questions during the visit. During the visit, the teachers explained the benefits of the rail in our country, namely, that it is the main form of transport that economically connects the many remote areas of India with the major towns.**

**The students were delighted with their ride on the Joy Train! We also walked around the galleries of the museum to view exhibits relating to the railways, as they developed since the inception of the network in India. We also got a chance to see specimens of the signal system, new communication techniques, steam engines, etc and finally the modern technology used in the 21st century. Museums offer rich resources for supplementing classroom learning. Needless to say this too was an invaluable educational experience.**

# THE COMMENDABLE CONDUCT



*Arohi (with her mother)  
Prep  
Creative Corner*

*Samar Anand  
Prep  
As Yoga Champ*



*Samruddhi Jha  
Prep  
As Savitribai Phule*



# THE COMMENDABLE CONDUCT



*Arohi (with her father)  
Prep  
Alike Habits of Parents*

*Samridhi Sharma  
Prep  
As Dancing Queen*



*Samruddhi Jha  
Prep  
As Princess Iridessa*

# THE COMMENDABLE CONDUCT



*Tshani Rawat  
Nursery  
As Rani Lakshmi Bai*



*Jiya Arora  
Nursery  
As Flying Ambulance*



*Rishika Saini  
Prep  
Creative Corner*

# THE CONQUERED MANIFESTO

## EVENT 1 ABHYASA

SAMAR ANAND SINGH  
CLASS PREP B



3rd  
Position

*"Winning isn't something that happens suddenly on the field when the whistle blows and the crowds roar. Winning is something that builds physically and mentally every day that you train and every night that you dream."*

*"A champion is afraid of losing. Everyone else is afraid of winning."*

## EVENT 2 AMABASSADOR OF HOPE

MANYA TANDON  
CLASS 2ND ROSE



Consolation  
Prize

*"Winning is great, sure, but if you are really going to do something in life, the secret is learning how to lose. Nobody goes undefeated all the time. If you can pick up after a crushing defeat, and go on to win again, you are going to be a champion someday."*



2020 FANTASIA  
ORGANISED BY  
ADARSH PUBLIC SCHOOL

Congratulations to all our little champions

**SAMAR ANAND**  
SCORED 1ST  
POSITION  
IN EVENT NO.1  
YOGA-A DIVINE  
BLISS

**CHHAVI**  
SPECIAL  
COMMENDATION  
IN EVENT NO.3  
LITTLE EINSTEIN

**REYANSHI**  
CONSOLATION PRIZE  
IN EVENT  
ITS A SMALL WORLD

# HAPPY Teacher's DAY





# VIRTUAL TEACHER'S DAY AT A GLANCE





**The idea of celebrating Teachers' Day took root in many countries during the 19th century; in most cases, they celebrate a local educator or an important milestone in education. This is the primary reason why countries celebrate this day on different dates, unlike many other International Days. For example, Argentina has commemorated Domingo Faustino Sarmiento's death on 11 September as Teachers' day since 1915.**

**In India the birthday of the second president Sarvepalli Radhakrishnan (5 September) is celebrated as Teacher's Day since 1962 and Guru Purnima is traditionally observed as a day to venerate teachers by Hindus.**



KAMAL MODEL SENIOR SECONDARY SCHOOL

**VIRTUAL  
SCHOLAR BADGE  
CEREMONY**

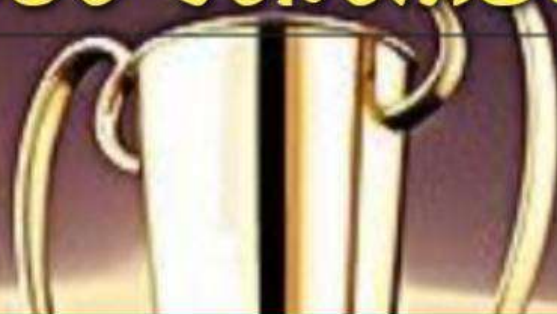
**KAMAL MODEL SR. SEC. SCHOOL**



**CHIEF GUEST OF THE EVENT  
MR. RAKESH BEDI**

**SCHOLAR BADGE CEREMONY**

# A GLIMPSE OF VIRTUAL SCHOLAR BADGE CEREMONY



Though winning might not be everything, it still feels pretty darn good! A win is an easy self-confidence boost, which is a big deal for many young athletes.

Furthermore, winning is validation. ...

Also, winning connects good feelings with the sport, which can give your young athlete the drive to keep going.



# From the TEACHERS' PEN

## Books Keep Our Brain's Healthy

Did you know that when you read books, you're also exercising your brain? The more you read, the more you stimulate your mind. Mental stimulation keeps the blood flowing to our brains, preventing diseases like dementia and Alzheimer's. When we read, our cognitive function and memory improve. Whether it's science fiction, YA, romance novels, or autobiographies, books can help you relieve tension and relax. Books allow us to escape the stress and anxiety of everyday life by allowing us to immerse ourselves in another world or involve us in a topic we find compelling. Books have the power to inspire and motivate us with stories of people who have made something of themselves despite the odds.



जल ही जीवन है -  
आईये ! हम सभी मिलकर भगवान की अमूल्य देन  
पानी की रक्षा करें ।  
पानी को व्यर्थ न बहाएं  
पानी को गन्दा न करें  
वर्षा जल का संचय करें  
जल स्रोत नदी तालाब कुओं की नियमित सफाई  
करें  
नदी नहरों में सीवर का पानी न छोड़ें  
औद्योगिक इकाइयों के जहरीले रसायन युक्त बेकार  
तरल को पानी में न जाने दें ।  
भू गर्भीय जल का दोहन कम से कम करें ।  
पानी की बर्बादी रोकने के लिए आर.ओ. जैसे पानी  
की सफाई वाली मशीनों का उपयोग बन्द करें ।  
शौचालयों स्नानागारों में पानी की बचत करें ।  
बून्द बून्द पानी बचेगी तो ही प्राणियों की रक्षा की  
जा सकेगी ।



Teaching is a great responsibility. I mother teacher and I believe that the ability to communicate, at a personal and societal level, is what builds strong communities and ensures ownership over one's future. Thus, it's important that we teachers spend a lot of time on our craft—deliberating the best ways to teach and make lessons fun, interactive, and relatable to students. What we teach is certainly of the utmost importance, how we teach, however, and our role in doing so, can be simultaneously less defined and quite standardized.



स्वच्छ भारत अभियान  
साफ सफाई का सपना था, बापू जी के ध्यान में  
आओ मिल सब हाथ बटाये - स्वच्छ भारत अभियान में ।।  
घर आँगन की करे सफाई, साफ दिखे हर कोना,  
इधर उधर मत फेंको कूड़ा दिल में यही सजोना,  
करो इकट्ठा एक साथ सब डालो कूड़ेदान में,  
आओ मिल सब हाथ बटाये, स्वच्छ भारत अभियान में ।।  
आओ मिलकर सब हाथ बटाये, स्वच्छ भारत अभियान में ।।  
अस्पताल हो या कार्यालय विद्यालय, सचिवालय,  
साफ सफाई हरदम रखो समझे इन्हे विद्यालय  
देख इसे महान भी समझे आये देश महान में,  
आओ मिलकर हाथ बटाये - स्वच्छ भारत अभियान में ।।



Peace of mind  
About 1 year ago I went to a beautiful meditation program which transformed my life completely... Since childhood I used to relish all these yoga pranayams and meditation techniques but now its a part of my life the day remains incomplete without these practices. We get so caught up in the complexities of our busy lives that it takes a toll on our mind. We are distanced from our nature. It is our very nature and meditation, the age-old practice of calming the mind is the way to repose in our true self. It is the need of the hour to relieve our mind of negativity. To shake ourselves free of stress and tension. Today, meditation is seen as an effective remedy to deal with the stresses of daily life also helping me to be healthy and safe in this pandemic.



My dream school is first of all a school where life begins with the teacher who is full of passion and liveliness. The teacher not only grabs the students' attention but keeps them on the edge of their seats wanting to know more. His or her enthusiasm ignites that spark of excitement that opens receiving minds to wider fields of knowledge. Such a teacher asks more questions from the students, explores with the students and is a friend to them.

My dream school is a school where teaching methods vary from the use of contemporary technologies like robotics to out-of-class experiences. Those experiences are important because they do not confine students to the four walls of a classroom. All these make them better persons in society, possessing a wide range of skills.



The Best Dowry that Parents can Ever Give to their Daughters is 'Education'  
 'Education is the key that unlocks an infinite number of doors, the uplifting force that empowers us to set our sights higher.'

The dowry system is so deeply rooted in Indian culture, that sometimes one feels that there's going to be no way out at least for another century.

Educating a girl can change not only her life, but can benefit others as well. Educated girls improve the lives of their families, their communities & even their countries. It has been rightly said, 'The hand that rocks, the cradle rules the world'. The meaning of this is that the mother exercises a very great influence over the lives of her children & is able to mould their thoughts & character. But it will only be possible when she is educated. Education teaches a mother what she should be. It also teaches a girl, how she could be a good daughter, a good wife and a good mother. Education will enable women to make their parents, husbands & children truly happy. If she is educated, she will make a positive impression on the mind of her child, which enable him/her in his life to grow into a good & great man in his life. Parents should understand that if their daughter will be educated then she would be able to fight for her justice. Parents should give her a chance to be self-reliant.



I have stored some thoughts of mine,  
 lend me your ears to judge this, fine!

Man proposes and God disposes,  
 life is a bed of thorns not roses.  
 Days may pass in pearls of laughter,  
 nights may come with gloomy disaster.

he thanks the god in gay rosy days,  
 But in misery unholy are his ways.  
 A patient player never loses his game,  
 he performs his duty with intense delight,

He never minds what others say,  
 while the sun shines he makes his way.

Noble deed is the seed of life  
 nothing eclipsed and all is delight.



It is a beautiful day,  
 Because it is Sunday.

I wake up early,  
 and the day is very lovely.

I want to go to the park,  
 but on the way dog is bark.

I scare and run away,  
 and after sometimes a trip to the park.

Then I take a deep breath,  
 which gives me a sign of relief.  
 Where the birds are singing,  
 and the trees are dancing.



Take A Challenge Everyday

Take a challenge everyday That tomorrow should be better  
 Than today. When I fight my inner self, I lose  
 battles sometimes But the war with myself, is what I win  
 everytime I crib not about what is gone I forget the nights,  
 start afresh every dawn Present, is what, I create and enjoy  
 Content I am, like a child with history.

What it is, matters, not to me  
 'Coz I believe to see what can be

Not blaming others, fault in me is what I see. 'Coz I believe if it  
 is to be it is up to me. I just not know how to smile But I  
 believe in spreading a smile, For this, one needs to walk an  
 extra mile.

Step by step, step by step, is how What it is to be successful, I  
 had known To reach it, double the efforts  
 I hit the Iron when it was hot  
 But ridicule in return is all I got.

BUT When I touched the pinnacles, I saw the viewpoint alter  
 Concern in return for a little hard work, I think was a good  
 barter.....



When I started in school  
 This day seemed so far away  
 Now it's here and I can't believe  
 That time has passed so quickly  
 But through your encouragement  
 and guidance

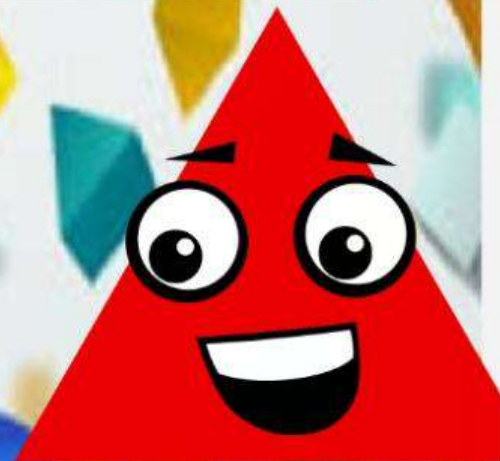
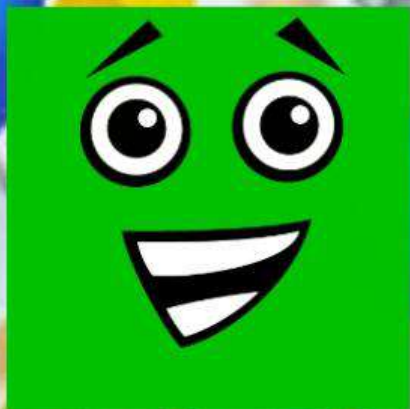
I feel I'm ready for tomorrow  
 challenge  
 Teachers play such an important  
 part


In shaping and guiding....  
 Especially teachers like you.

Thank you for caring so much



**ACTIVITIES  
RELATED  
TO SHAPES**

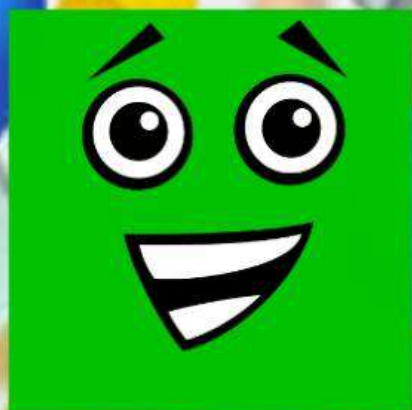





A great way to kick start learning about shapes (whether it be at school or home) is with a 'shape hunt' – exploring and identifying shapes in our environment and everyday life. You can go on a shape hunt around your house, backyard, classroom or neighbourhood. Older children can take a checklist or paper to record their findings on, while younger children will enjoy discussing what you see as you go. Photographing the shapes you find is another great idea, with the photos being perfect for compiling into your very own shape book.

Take the above activity one step further and make a self correcting puzzle by using the one colour for each shape, writing the name of the shape on each popstick and including the number of sides/corners. This makes a great busy bag.

Popsticks and matchsticks are such versatile learning materials. They make a great resource for creating 2D shapes.



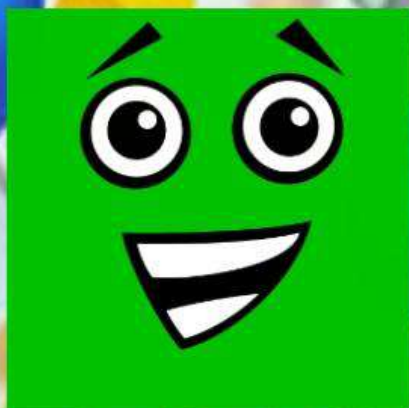


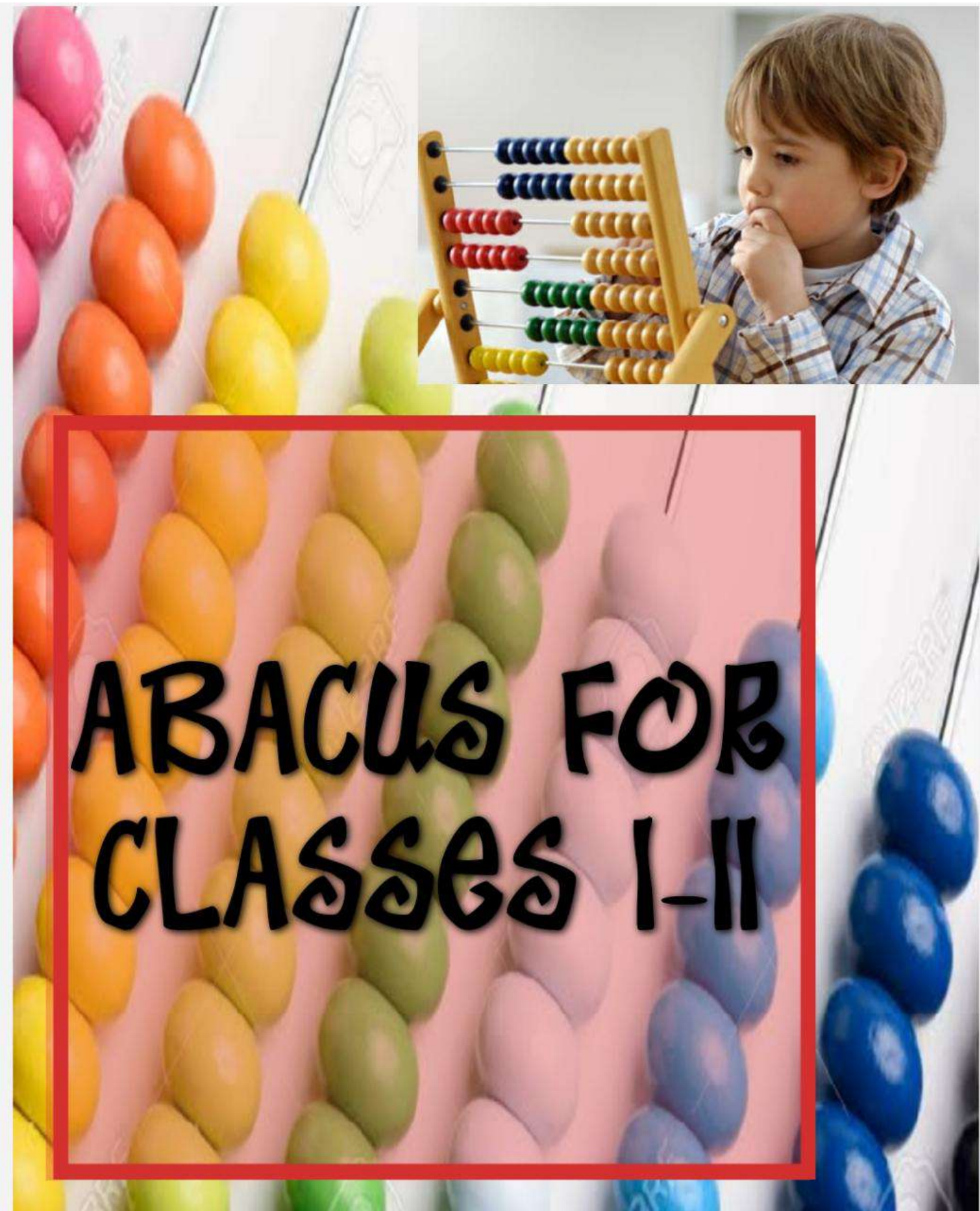


Pipe cleaners provide a great workout for finger muscles. They can be bent and twisted to create a variety of 2D shapes. As a variation, make the shapes larger by using one pipe cleaner for each side of the shape.

Kindergarten and school aged children will have lots of fun creating pictures with shapes. I created these two as examples using a variety of shapes cut from textured papers and buttons.

Pattern blocks are one of my favourite classroom materials. Not only are children learning about 2D shapes when they play with them, but also other mathematical concepts such as symmetry, tessellation, pattern, sorting, counting and so much more. This activity could either be left unstructured for the children to make their own pictures, patterns and shapes, or you can use pattern block activity cards as a guide.





**ABACUS FOR  
CLASSES I-II**

**Here are some of the key benefits of abacus learning.**

- **With Abacus, calculation skills are boosted, and students can complete calculations faster and more accurately**
- **Abacus promotes a stress-free way of learning math concepts which build confidence**
  - **It enhances problem-solving abilities**
  - **Abacus learning not only focuses on getting the correct answer but also helps with logical reasoning**
- **Abacus programs not only teach math but also help in improving concentration levels**
  - **It boosts self-confidence and self-esteem**
  - **It strengthens mental skills like visualization and memory**
  - **It helps with improvised writing and reading by promoting memory and creativity**



**Why is an Abacus learning important for children?**

**N-U-M-B-E-R-S!!!**

**While it's easy for a small percentage of lucky children, most children find numbers and math very difficult! Abacus learning is one of the best ways to improve arithmetic skills and number fluency. Abacus math also helps develop an interest and passion in math for many students as their confidence and understanding grows from an early age. After all, most students prefer the subjects they perform well in!**

**Introduced in China, Abacus learning has made it easy to calculate basic arithmetic operations like subtraction, addition, division, and multiplication. It's an enhancement tool for mental operations as it helps in learning math operations from the very basic to the quite complex.**



## **Importance of Abacus training**

**When students learn to use an abacus, they use their hands and a tool with beads to calculate numbers. It is believed that the movement using fingers gives them an opportunity to activate the brain sensors. The activity in the right hand helps them to coordinate and the left side of the brain and vice versa. This brings several benefits to the brain.**



# IMPORTANT DATES



# October

1st: International Day for the Elderly

2nd: Gandhi Jayanthi

4th: World Animal Welfare Day

5th: World Habitat Day



8th: Indian Air Force Day

8th: World Sight Day

9th: World Post Office Day



10th: National Post Day

11th: National Girl Child Day

13th: UN International Day for Natural Disaster Reduction

14th: World Standards Day    15th: World Students Day

16th: World Food Day

30th: World Thrift Day

24th: UN Day

31st: National Unity Day



# November

5th: World tsunami day



7th: National Cancer Awareness  
Day



9th: Legal Services Day



14th: Children's Day

17th: National Epilepsy Day

21st: World Television Day





# Words Of Wisdom

By: Mrs Vandana Tandon

*Education is the first step for people to gain the knowledge, critical thinking, empowerment and skills they need to make this world a better place.*

*- Nelson Mandela*

As the Principal of the school, I feel honoured and privileged to be part of an educational institution where every stakeholder is a learner and every day is an opportunity to learn and discover. We look at ourselves as a community of learners, where everyone learns including our teachers, parents & staff.

I believe in upholding high standards with an absolute commitment to strive to understand and improve the educational process, using team strategies, while wholly centering on student achievement.

Our staff fruitfully employ two diverse strategies that are of Love and Logic to foster a positive learning environment for all our students. Love and Logic may seem like two contrasting forces. While love helps nurture trusting relationships, where students feel respected, appreciated and loved by the teachers, logic helps develop in students personal responsibility, self control, good decision making skills self confidence, and character building with high moral values.

Your child's learning involves and revolves around an effective partnership between home & school. We know the stronger the partnership is the more your child will benefit.

Whilst we know that the information here will give you answers to some of your questions, we also know that learning is social, and in this context we encourage you to come and speak to us in person for a more detailed perspective. I look forward to working with you as we help create a school where parents are welcome at anytime, students are engaged in meaningful learning and the staff members are valued and appreciated for their efforts.