

# INTRODUCTION



# NEWSLETTER

# KAMMAL MODEL SR. SEC. SCHOOL



WHERE DREAMS COME TRUE



# THE ALTAR

NOVEMBER 2020

Vol-V

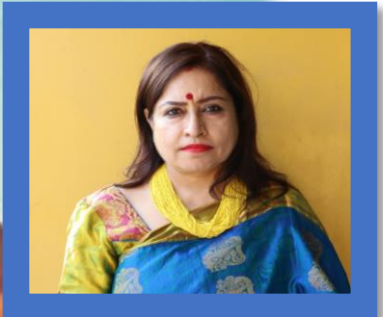




**Our Guiding Pillars**



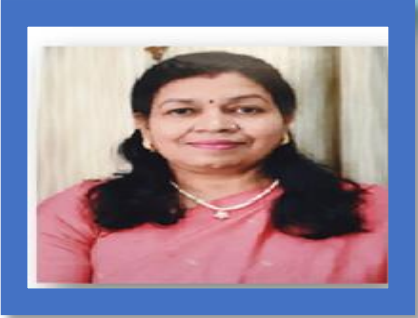
**Mr V.P Tandon  
The Chairman**



**Ms Vandana Tandon  
The Principal**

Education is the most powerful weapon, which you can use to change the world ~Nelson Mandela

-Education is the best friend. An educated person is respected everywhere. Education beats the beauty and youth ~Chanakya



**Ms Pramila Mishra  
Academic Director**



**Ms Pushpa Jindal  
Academic Coordinator**

# श्री राम रत्न सम्मान समारोह



“श्री राम रत्न सम्मान व पुस्तक विमोचन समारोह”

“राम तुम्हारा व्रत स्वयं ही काव्य है।

कोई कवि बन जाए, सहज संभाव्य है।”

भगवान श्री राम को जन्मस्थली अयोध्या के प्रांगण में इस वर्ष 17 अक्टूबर से 25 अक्टूबर तक ऐतिहासिक रामलीला का मंचन किया गया। यह रामलीला अद्भुत और अविस्मरणीय रही, जिसमें बॉलीवुड की नामचीन हस्तियों ने हिस्सा लिया। बहुमुखी प्रतिभा के धनी माननीय श्री वी.पी. टंडन ने इसमें पात्र रूप में हिस्सा लिया। रामलीला को लगभग 10 करोड़ लोगों ने देखा, सराहा व भगवान राम के चरित्र को देखकर आत्मसात किया।

अयोध्या की रामलीला के कलाकरों व सहयोगियों को फिल्म अभिनेता रज़ा मुराद ने 17 नवम्बर को कमल मॉडल सी. सै. स्कूल, मोहन गार्डन के प्रांगण में बने राष्ट्रपिता महात्मा गांधी सभागार में सम्मानित किया।

“अयोध्या रामलीला कमेटी” के कार्यकारी चेयरमैन व जाने माने शिक्षाविद श्री वी.पी. टंडन द्वारा रचित पुस्तक “अयोध्या धाम और विश्व-नायक राम” का लोकार्पण भी हुआ।

“भूरे भारत में खुशियाँ छाई है।

राममंदिर बनने की शुभ घड़ी आई है।

नवरात्रि के शुभ अवसर पर

अयोध्या रामलीला ने घूम मचाई है।”



राष्ट्र किंकर” द्वारा आयोजित “श्री राम रत्न सम्मान समारोह” के दौरान “अयोध्या की रामलीला” के कलाकार व सहयोगियों को फिल्म अभिनेता रजा मुराद ने किया सम्मानित

अयोध्या रामलीला कमेटी” के कार्यकारी चेयरमैन व जाने-माने शिक्षाविद वी.पी. टंडन द्वारा रचित पुस्तक “अयोध्या धाम और विश्व नायक राम” का लोकार्पण हुआ



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# श्री राम रत्न सम्मान समारोह



Rama Ekadashi: November 11, 2020 (Wednesday)

Govatsa Dwadashi: November 12, 2020 (Thursday)

Dhanteras: November 13, 2020 (Friday)

Kali Chaudas: November 13, 2020 (Friday)

Narak Chaturdashi: November 14, 2020 (Saturday)

Diwali: November 14, 2020 (Saturday)

Lakshmi Puja: November 14, 2020 (Saturday)

Govardhan Puja: November 15, 2020 (Sunday)

Bhaiya Dooj: November 16, 2020 (Monday)

Vrishchika Sankranti: November 16, 2020 (Monday)

Chhath Puja: November 20, 2020 (Friday)

Kansa Vadh: November 24, 2020 (Tuesday)

Devutthana Ekadashi: November 25, 2020 (Wednesday)

Tulasi Vivah: November 26, 2020 (Thursday)

Kartika Purnima: November 30, 2020 (Monday)



# CELEBRATION OF THE MONTH



World Vegan Day	1 Nov
World Tsunami Day	5 Nov
National Cancer Awareness Day	7 Nov
World Science Day	10 Nov
Dhanteras	13 Nov
Children's Day	14 Nov
Deewali	14 Nov
Govardhan pooja	15 Nov
Bhai Dooj	16 Nov
World Toilet Day	19 Nov
National Law Day	26 Nov



# WORLD VEGAN DAY

Every year on 1st November, **vegans** around the **world** celebrate and champion for their **vegan** lifestyle. According to many acclaimed **vegans**, the lifestyle is beneficial for the health of the human beings, not to mention that it fosters environmental protection as well as the lives of animals. Our students of KMS performed many activities such as setting up stalls, poster making, slogans writing, essay writing and planting memorial trees.







# WORLD TSUNAMI AWARENESS DAY

" There's no harm in hoping for the best as long as you are prepared for the worst".  
In December 2015 , the U N General Assembly designated November 5 as 'World Tsunami Awareness Day' calling on countries, international bodies and civil societies to raise tsunami awareness and share innovative approaches to risk reduction. Students of class 9th and 10th participated on the World Tsunami Awareness Day conducted on 5 November. They participated in various activities like discussion , speech, poster making, collage making etc. Through these activities, young generation will be able to acknowledge the impact of tsunami on our natural environ





# THE NATIONAL CANCER AWARENESS DAY

## WHAT UNITES US IGNITES US

The National Cancer Awareness Day is observed in India on 7th November to spread awareness on cancer, its symptoms and treatment. The day was first observed in 2014 as and when announced by the Union Health Minister Dr Harsh Vardhan. According to WHO cancer is the second leading cause of death globally. To increase awareness on cancer students of class 9th and 10th( KMS) did many activities and promised to cancel the cancer.

CANCER CANCEL

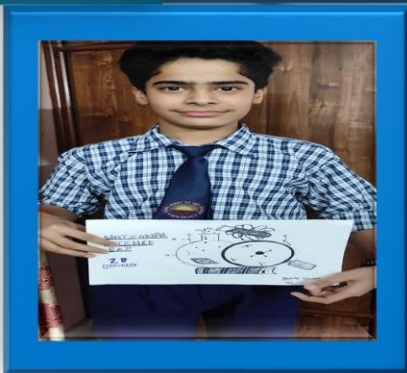
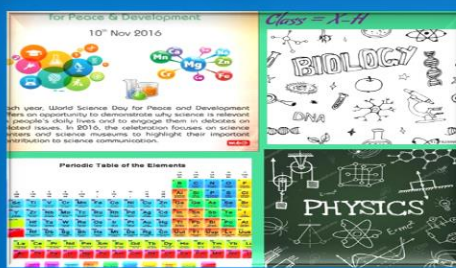


shailja jha



# WORLD SCIENCE DAY

" Science knows no country because Knowledge belongs to humanity, It is the torch which illuminate the world" World Science Day is celebrated each year on 10th November. It's motto is to promote national and international solidarity. Renew national and international commitment for use of science for the benefit of society. It also draws attention towards the challenges faced by science. Our students of classes 9th and 10 did many activities to link science more closely with society.





धनतेरस की  
शुभकामनाएं

# व्योहार

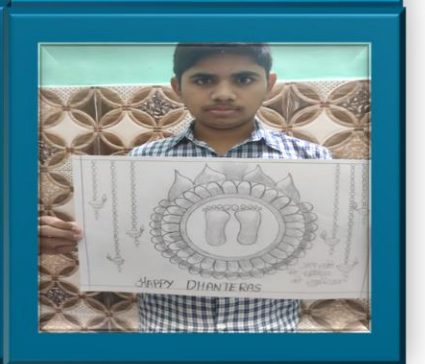




# धनतेरस

## धनतेरस (गतिविधियां)

भारतीय संस्कृति में स्वास्थ्य का स्थान धन से ऊपर माना जाता है। कहा गया है- 'पहला सुख निरोगी काया, दूजा सुख घर में माया'। इसलिए दीपावली में पहले धनतेरस को महत्त्व दिया जाता है। भगवान धन्वंतरि के प्रकट होने, चांदी और अन्य धातुओं के खरीदने तथा दीपदान आदि से जुड़े तथ्यों की जानकारी देने के लिए विद्यार्थियों को धनतेरस बसे जुड़ी गतिविधियां करवाई गईं। ये गतिविधियां विद्यार्थियों को परंपराओं तथा संस्कृति से जोड़ने का एक सशक्त माध्यम है। विद्यार्थियों ने सृजनात्मक और कलात्मक गतिविधियां की।





**HAPPY CHILDRENS DAY**

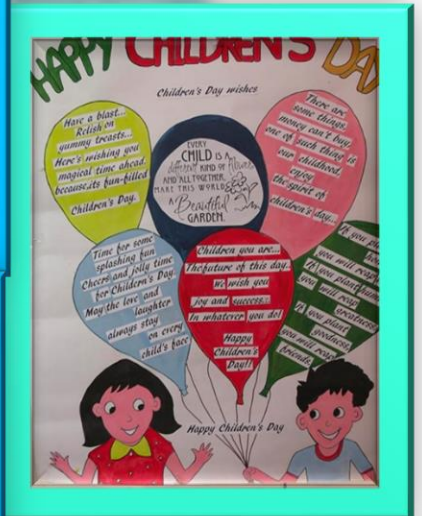
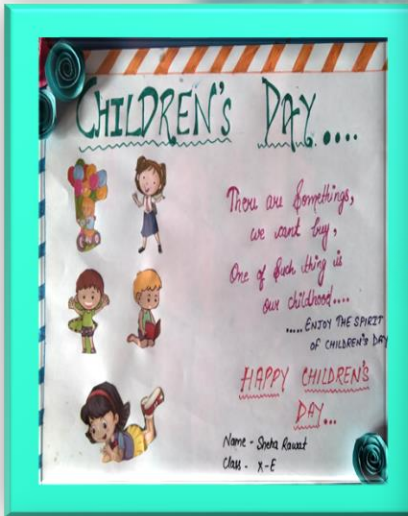
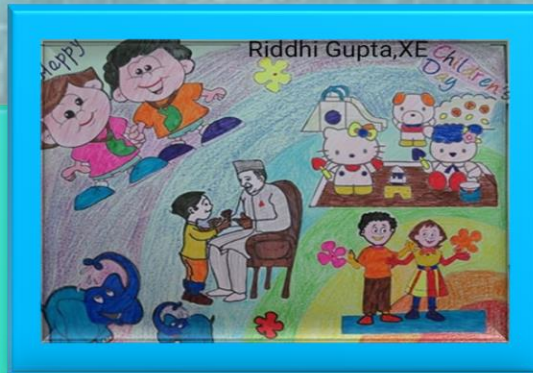


**HAPPY CHILDRENS DAY**



# CHILDRENS DAY

The main objective of 14th November is to make children feel that they are very special, and a child is present within everyone. To make this day very special, students were given liberty to showcase their creativity and imagination in their own way. This was a way to celebrate the joy of being a child.





दिपावली



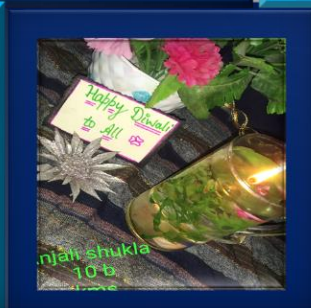
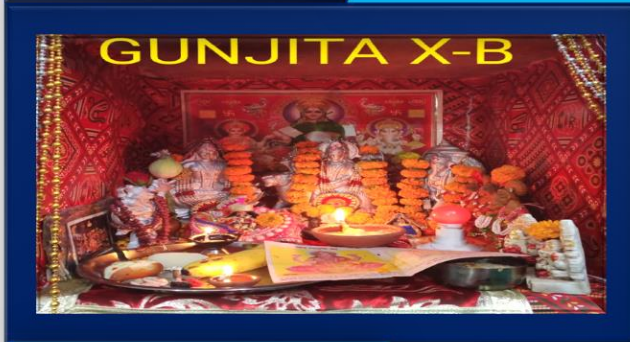
Happy Diwali







दीपावली, दिवाली या दीवाली शरद ऋतु (उत्तरी गोलार्द्ध) में हर वर्ष मनाया जाने वाला एक प्राचीन हिन्दू त्यौहार है। दीपावली कार्तिक मास की अमावस्या को मनाया जाता है जो ग्रेगोरी कैलेंडर के अनुसार अक्टूबर या नवंबर महीने में पड़ता है। दीपावली भारत के सबसे बड़े और सर्वाधिक महत्वपूर्ण त्यौहारों में से एक है। दीपावली दीपों का त्यौहार है। आध्यात्मिक रूप से यह 'अन्धकार पर प्रकाश की विजय' को दर्शाता है। भारतवर्ष में मनाए जाने वाले सभी त्यौहारों में दीपावली का सामाजिक और धार्मिक दोनों दृष्टि से अत्यधिक महत्त्व है। इसे दीपोत्सव भी कहते हैं। इसे सिख, बौद्ध तथा जैन धर्म के लोग भी मनाते हैं। जैन धर्म के लोग इसे महावीर के मोक्ष दिवस के रूप में मनाते हैं तथा सिख समुदाय इसे बन्दी छोड़ दिवस के रूप में मनाता है।







# गोवर्धन पूजा

दीपावली की अगले दिन गोवर्धन पूजा की जाती है। लोग इसे अन्नकूट के नाम से भी जानते हैं। इस त्यौहार का भारतीय लोकजीवन में काफी महत्व है। इस पर्व में प्रकृति के साथ मानव का सीधा सम्बन्ध दिखाई देता है। इस पर्व की अपनी मान्यता और लोककथा है। गोवर्धन पूजा में गोधन यानी गायों की पूजा की जाती है। शास्त्रों में बताया गया है कि गाय उसी प्रकार पवित्र होती है जैसे नदियों में गंगा। गाय को देवी लक्ष्मी का स्वरूप भी कहा गया है। देवी लक्ष्मी जिस प्रकार सुख समृद्धि प्रदान करती हैं उसी प्रकार गौ माता भी अपने दूध से स्वास्थ्य रूपी धन प्रदान करती हैं। इनका बछड़ा खेतों में अनाज उगाता है। इस तरह गौ सम्पूर्ण मानव जाती के लिए पूजनीय और आदरणीय है। गौ के प्रति श्रद्धा प्रकट करने के लिए ही कार्तिक शुक्ल पक्ष प्रतिपदा के दिन गोवर्धन की पूजा की जाती है और इसके प्रतीक के रूप में गाय की।





# भाई दूज

भातृ दवितिया (भाई दूज) कार्तिक मास के शुक्ल पक्ष की द्वितीया तिथि को मनाया जाने वाला हिन्दू धर्म का पर्व है जिसे यम दवितिया भी कहते हैं। यह दीपावली के दो दिन बाद आने वाला ऐसा पर्व है, जो भाई के प्रति बहन के स्नेह को अभिव्यक्त करता है एवं बहनें अपने भाई की खुशहाली के लिए कामना करती हैं। कार्तिक शुक्ल द्वितीया को पूर्व काल में यमुना ने यमराज को अपने घर पर सत्कारपूर्वक भोजन कराया था। उस दिन नारकी जीवों को यातना से छुटकारा मिला और उन्हें तृप्त किया गया। वे पाप-मुक्त होकर सब बंधनों से छुटकारा पा गये और सब के सब यहां अपनी इच्छा के अनुसार सन्तोषपूर्वक रहे। उन सब ने मिलकर एक महान् उत्सव मनाया जो यमलोक के राज्य को सुख पहुंचाने वाला था। इसीलिए यह तिथि तीनों लोकों में यम दवितिया के नाम से विख्यात हुई।





## छठपर्व

छठ पर्व, छठ या षष्ठी पूजा कार्तिक शुक्ल पक्ष के षष्ठी को मनाया जाने वाला एक हिन्दू पर्व है। सूर्योपासना का यह अनुपम लोकपर्व मुख्य रूप से बिहार, झारखण्ड, पूर्वी उत्तर प्रदेश और नेपाल के तराई क्षेत्रों में मनाया जाता है। कहा जाता है यह पर्व बिहारीयों का सबसे बड़ा पर्व है। ये उनकी संस्कृति है। छठ पर्व बिहार में बड़े धुम धाम से मनाया जाता है। ये एक मात्र ही बिहार या पूरे भारत का ऐसा पर्व है जो वैदिक काल से चला आ रहा है और ये बिहार की संस्कृति बन चुका है। यहाँ पर्व बिहार की वैदिक आर्य संस्कृति की एक छोटी सी झलक दिखाता है। ये पर्व मुख्य रूप से ऋषियों द्वारा लिखी गई ऋग्वेद में सूर्य पूजन, उषा पूजन और आर्य परंपरा के अनुसार बिहार में यहाँ पर्व मनाया जाता है।

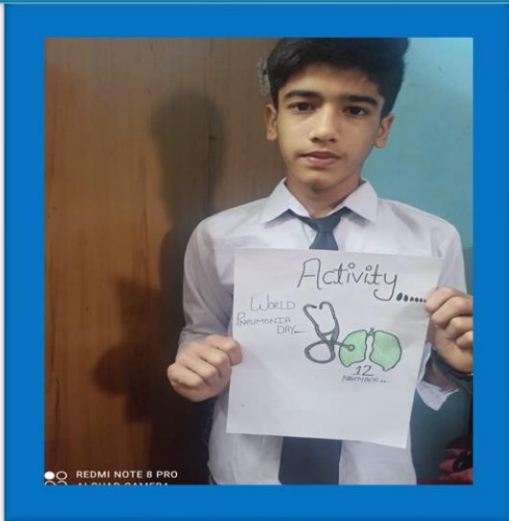




# World Pneumonia Day

"Air to lung is as delicious as nectar is to the tongue"

Pneumonia is preventable and curable disease. It is number one killer of children under five years. World Pneumonia Day has to bring health crisis to the public attention, to combat the disease. There are effective vaccines for this disease. To fight against Pneumonia 12th November is observed as World Pneumonia Day. In order to draw the attention towards this disease our students of classes 9th and 10th observed virtual rallies, discussions and many more other activities. They took the oath to protect themselves to have a healthy life style.



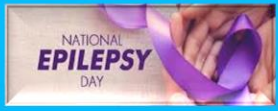
**World pneumonia day 12 November.....**

**world pneumonia day**  
November

**The facts**

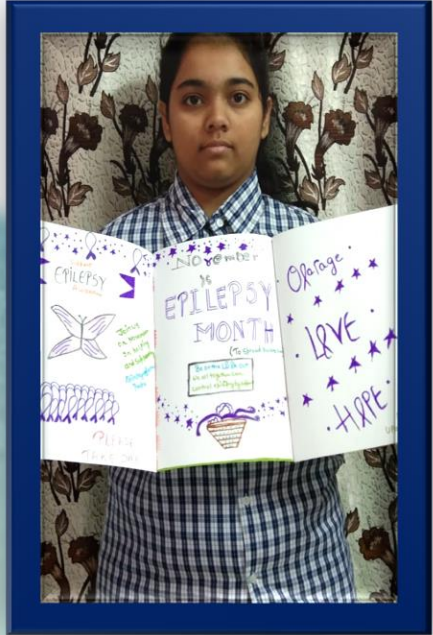
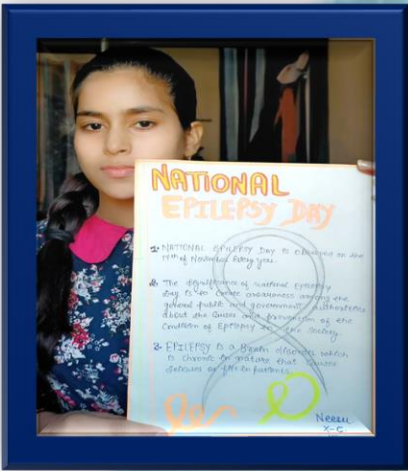
Pneumonia is the #1 infectious disease killer of children under 5

World Pneumonia Day provides an annual forum for the world to stand together and demand action in the fight against pneumonia. More than 100 organizations representing the interests of children joined forces as the Global Coalition against Child Pneumonia to hold the first World Pneumonia Day on 12 November 2009.....



# Epilepsy

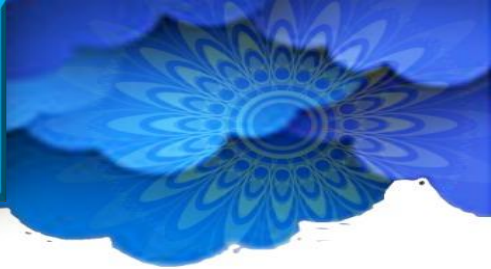
November is National Epilepsy Awareness Month. The goal of these 30 days this month is to spotlight epilepsy and raise awareness.



# WORLD TOILET DAY

"Ensure availability and sustainable management of water and sanitation for all". World Toilet Day (WTD) is an official United Nations international observance day on 19 November to inspire action to tackle the global sanitation crisis. Worldwide, 4.2 billion people live without "safely managed sanitation" and around 673 million people practice open defecation. "Today, Sustainable Development Goal 6 is badly off track". Our Prime Minister Narendra Modi Ji also raised voice to give sanitation facility specially in villages. Students were encouraged to make e-posters regarding the same and they came across with their creativity.

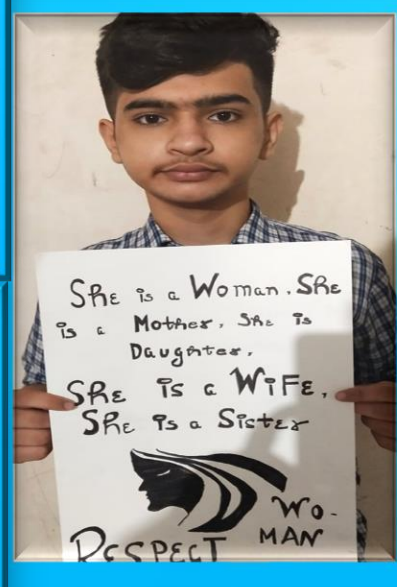
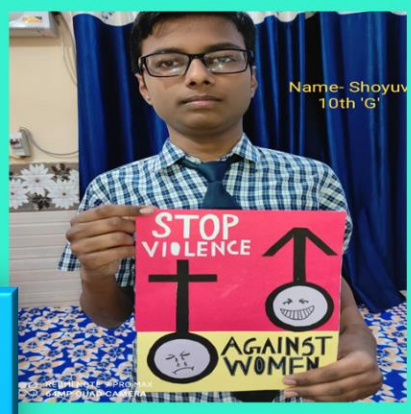




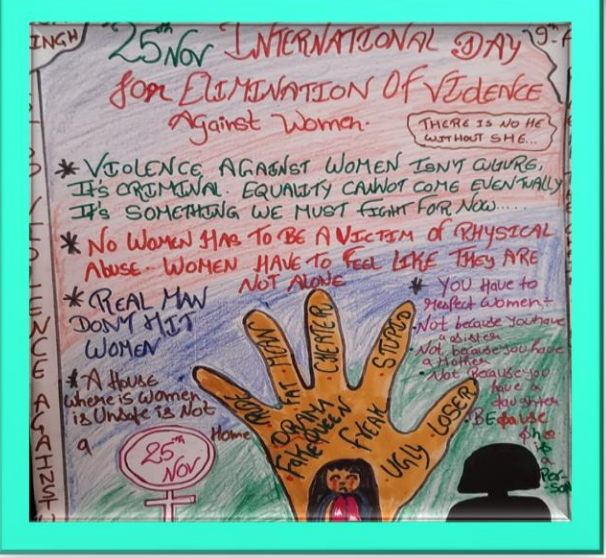
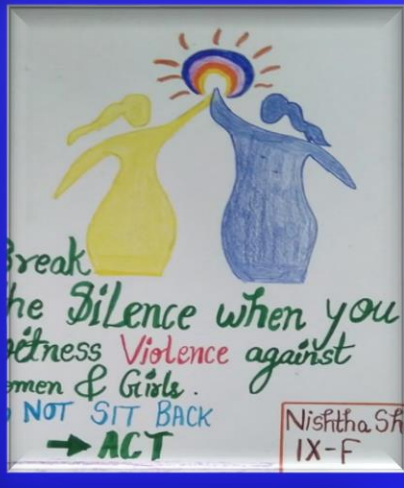
# Elimination of Violence against Women

END THE SILENCE, END THE IMPUNITY. END VIOLENCE, AGAINST WOMEN.

The UN general assembly has designed November 25 as the International Day for the elimination of violence against women. International day for elimination of violence against women celebrated by the students of KMS by organizing speech and posters to highlight the official theme of 'Orange the World' to raise awareness of the fact that women around the world are not a subject of Rape and domestic violence. The day end with the pledge ceremony for generation of equality stands against Rape and violence. These activities instilled social awareness among the students.







# National Law Day

National Law Day also known as Samvidhan Divas. It is celebrated on 26th November every year. On 26th November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26th January 1950. The students of Kamal Model Sr. Sec School celebrated this day by making Posters and Slogans.





# CLUBS


- 
- English Talkies (English)
  - सृजन (Hindi)
  - Figuriesta (Maths)
  - Enigma Fortnite (Science)
  - The Page Turner (Social science)
  - Prudential (Commerce)
  - Green Panther (Eco. Club)

# Prudential

Student researched on internet about Sikkim and its heritage, culture and economics to identify various products of Sikkim. They selected one product of their choice and design flyer for its promotion. Students decided the branding, logo and draft the tag line which helped in improving their creativity. They explored remote techniques like product combination, quantity gift, discount etc. By this activity students were able to enrich their knowledge about integrated marketing strategies that it 4Ps (Product, Price, Place & Promotion). It also helped them to admire the culture, heritage and beauty of Sikkim products like handmade woolen carpets, handicraft items, traditional dressing, tourism etc.

**LEPCHAS EMPORIUM**

" This belongs to folk tales of Sikkim "




CARE INSTRUCTIONS DRY CLEAN ONLY  
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FABRIC BROCADE SILK

**Legend of lepchas**

contact no. --9785436543

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**At Hidden Himalayan Paradise in Sikkim**



Discover the hidden beauty of Sikkim. Experience the pristine beauty of the Himalayas. Enjoy the rich culture and heritage of the region. Book your trip today!

Travelling your happiness with us....

**At Hidden Himalayan Paradise in Sikkim**



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**CHOCOLATE**

Handmade chocolates from Sikkim. Rich in flavor and texture. Perfect for gifting and indulgence.

**TRIP**

Plan your Sikkim trip with our expert advice. Discover the best routes, accommodations, and activities.

**TRIP**

Plan your Sikkim trip with our expert advice. Discover the best routes, accommodations, and activities.

**Recommended Places**

Isomgo Lake



Kunchenjunga Falls




- Nishita Sharma XII<sup>th</sup> E

**SIKKIM TRAVEL Brochure**




**PLACES TO VISIT**

Nathula Pass




Yume Samdong




**Special Food**

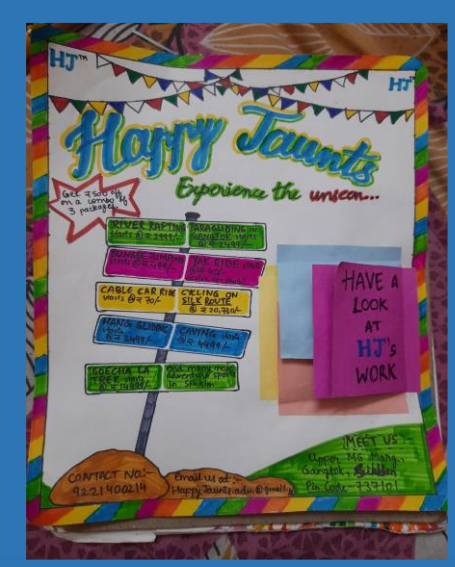
Momo's



Thupka



# ART Integrated learning (Articles)



**Art Integrated Learning**

Art Integrated Learning (AIL) is a teaching-learning model which is based on learning 'THROUGH THE ARTS' AND 'WITH THE ARTS': IT IS A PROCESS WHERE art becomes the MEDIUM OF TEACHING-LEARNING, a key to understanding concepts within any SUBJECT OF THE CURRICULUM.

LEARNERS EXPLORE CREATIVELY WHILE BUILDING CONNECTIONS BETWEEN CONCEPTS THROUGH VARIOUS ART FORMS. ART EXPERIENCES, BOTH IN VISUAL (DRAWING AND PAINTING, CLAY MODELLING, POTTERY, PAPER CRAFTS, MASK AND PUPPET MAKING, HERITAGE CRAFTS ETC.) AND PERFORMING ARTS (MUSIC, DANCE, THEATRE, PUPPETRY ETC.) LEAD TO A BETTER UNDERSTANDING AND CONSTRUCTION OF KNOWLEDGE ABOUT DIFFERENT CONCEPTS. ARTS HAVE THE FLEXIBILITY TO ACCOMMODATE AGE APPROPRIATE OPPORTUNITIES FOR LEARNERS WHO CAN EXPLORE AT THEIR INDIVIDUAL PACE. THIS RESONATES WITH THE EXPERIENTIAL LEARNING APPROACH.

**Gunjita X-B**

**Made by Jasmine Sharma Shining star class (9C)**

**IX-B**

**Urvashi Kashyap 9b**

## Go Sikkim

The Kingdom of Sikkim was founded by the famous Kingnam in the 17th century. It was ruled by the British until 1975 when it merged with India. It is a beautiful state with a rich culture and history.

### Religious Places

There are many religious places in Sikkim which are sacred sites for people from all faiths and religions.

- 7 Top Religious places in Sikkim:-
- Gangtok, Tibet, Gangtok
- Paldingchen Namgyal, Gangtok
- Junkies, Sikkim
- Phuntsokling, Gangtok
- Namchi, Sikkim
- Yungling, Gangtok
- Trashi Chodey, Gangtok

The beautiful mountains in Sikkim make this beautiful Himalayan state a truly an amazing place for visiting in the search of peace of the mind.



**MAHEK**  
9th C

## Go Sikkim

### SIKKIM CULTURE

SIKKIM IS A BEAUTIFUL LAND OF MANIFOLD TRIBES AND RACES OF PEOPLE LIVING TOGETHER. All these diverse tribes and communities have their unique features in addition to their particular dance forms, festivals, LANGUAGES, CULTURE, AND CRAFT FORMS. THE MISCELLANEOUS OF ethnic groups, religion, and languages is seen all over Sikkim.

### Sikkim languages

NEPALI IS THE PRIMARY LANGUAGE OF SIKKIM while Lepcha and Sikkimese (Bhutia) ARE ALSO SPOKEN IN SOME PART OF THIS north-east province. English is also spoken by the people of Sikkim. Other languages include Khasi, JARULI, MAJHIWAR, YAKHA, TAMANG, TIBETIAN, AND SHERA.

## Food of Sikkim

THE FOOD OF THE PEOPLE OF SIKKIM INDICATES THE CULTURE OF THIS STATE WHICH IS A MÉLANGE OF INDIA, NEPAL, BHUTAN, AND TIBET. SIKKIM FOOD MAINLY COMPRISES NOODLES, GONDROK AND SINKI SOUPS.

THUKPAS, TOMATO ACHAR PICKLE, TRADITIONAL COTTAGE CHEESE, FERMENTED SOYBEAN, BAMBOO SHOOT, FERMENTED RICE PRODUCT AND SOME OTHER FERMENTED DISHES OWING TO ITS VERY COLD CLIMATE. RICE IS, HOWEVER, THE STAPLE FOOD OF THE STATE. MOMOS, ALSO KNOWN AS DUMPLINGS AND WANTONS ARE FAVORITES AMONG THE SIKKIMESSE PEOPLE AS WELL AS THE TOURISTS. WHEN IT COMES TO NON-VEGETARIAN FOOD, THEY PREFER FISH, BEEF, AND PORK. PEOPLE COMING TO EXPLORE SIKKIM WOULD NEVER MISS THE GREAT OPPORTUNITIES TO TASTE THESE DELICIOUS FOOD.

## GO SIKKIM


Incredibly lush, pleasant, verdant and situated in clouds - Gangtok, the capital of Sikkim is one of most popular hill stations in India.

lying at the height of 1650m above sea level. The town during its bright sunny days offers spectacular views of Mt. Kanchenjunga..

Gangtok is best for adventurous individuals comprising of trekking and camps to Himalayan mountains ranges. During months of March to May, blooming of wild Rhododendrons

Surrounding regions in vast fields of 'colourful carpets'.

Its name meaning hill-top, Gangtok can be easily said one of the most beautiful hill station in country. Whenever you in just short distance from Gangtok, you will find a beautiful view of urbanisation, Gangtok is a beautiful and dynamic bit of paradise of northeast.




**KANISHKA BISHT**  
9C

## Tourist Place In Sikkim



**Jaanvi Bhardwaj**

## Go Sikkim

### ART AND CRAFT

One of the most popular handicrafts of Sikkim includes a shawl, table, woven baskets, canvas wall hanging, etc. painting on various aspects of the state...

Melli, gangtok and namchi are the very popular places of Sikkim for handmade product and cottage industries...

**IX-B**

## GO SIKKIM

### TOURIST PLACES

Sikkim is one of the most surprising and beautiful places to visit in India. It is a beautiful state with a rich culture and history. It is a beautiful state with a rich culture and history. It is a beautiful state with a rich culture and history.

It is a beautiful state with a rich culture and history. It is a beautiful state with a rich culture and history. It is a beautiful state with a rich culture and history.



**Tanvi Rawat**  
9F

**TANVI RAWAT**

# Special Assembly- Fighting Adversity With Positivity

We here at Kamal Model Sr Sec School are dedicated to spread positivity during the corona crisis in every way we can. So to fulfill the same motive the students of class 9th and 10th had organized a special assembly. All the events of this assembly were with a message of being optimistic in every situation.

The Assembly comprises of various events like poems, E-posters, advertisements for spreading awareness about corona, a skit which emphasis on having attitude of positivity to combat all sorts of negativity, an animated skit to make everyone aware about do's and don'ts during this pandemic.

So this special assembly on COVID-19 -19 is an endeavor to spread the message of fighting adversity with positivity.





# Special Assembly- Awareness on Pollution

Eco Club of Kamal Model Sr Sec School conducted a special assembly on the topic 'Awareness Programme on Pollution' on 12th November 2020. Students of classes sixth to twelfth participated enthusiastically in the event. The assembly began with a speech followed by mono act, ppt, play, poem, virtual rally and much more. Students emphasized upon the 'necessity of having environment awareness' and the best practices required to maintain the balance of natural elements around us.

The school management applauded the efforts of the students. The whole event serving a very important message among the young generation, proved to be a great success.



## Graded Response Action Plan (GRAP)

- In 2014, when a study by the WHO found that Delhi was the most polluted city in the world, panic spread in the Centre and the state government.
- Approved by the Supreme Court in 2016, the plan was formulated after several meetings that the Environment Pollution (Prevention and Control) Authority (EPCA) held with state government and experts.
- The result was a plan that institutionalized measures to be taken when air quality deteriorates.

Note :- GRAP is an emergency measure



zoom



## WHAT IS PARTICLE POLLUTION

Particle pollution which is also known as particulate matter, is a mixture of solid and liquid droplet suspended in air. The air we breathe always contains particle pollution. Some particles are so small that they can't be seen with the naked eye. Some are large enough to be seen with the naked eye. Particle pollution comes in many sizes and shapes and can be made of different components, including acids (such as sulfuric acid), organic chemicals, soot, metals, soil or dust particles, and biological materials (such as pollen and mold spores).

## WHAT IS NOISE POLLUTION?

- Sound that is unwanted or disrupts one's quality of life is called noise. When there is a lot of noise in the environment, it is called noise pollution.
- Sound becomes undesirable when it disturbs the normal activities such as working, sleeping, and during conversations.
- It is an underrated environmental problem because of the fact that we can't see, smell, or taste it.
- World Health Organization stated that "Noise must be recognized as a major threat to human well-being."



zoom

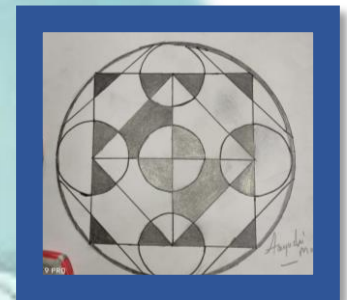
# Club - (Figuriesta)

Month : OCTOBER

Activity name : use of circle and related figures in making designs Students of class 10th G,H,I ad J undertook the responsibility of presenting the roles of circular objects in fashion and designing .They have chosen to represent different designs.

Harshit, Rohit, Tuhina and many others have presented their skills very beautifully through the activities. Expecting for their such participations with great enthusiasm in future also.

NITIN HANS

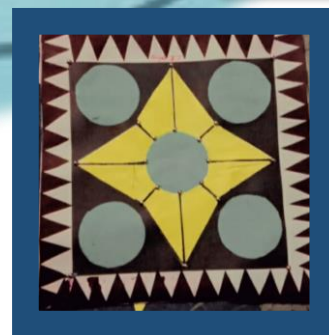
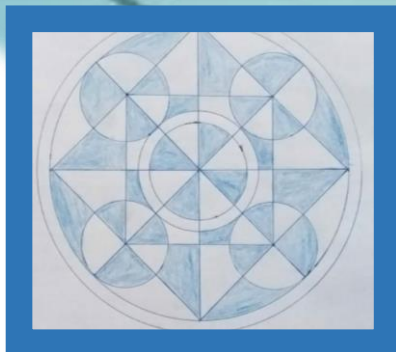
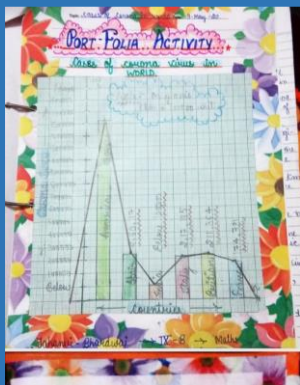


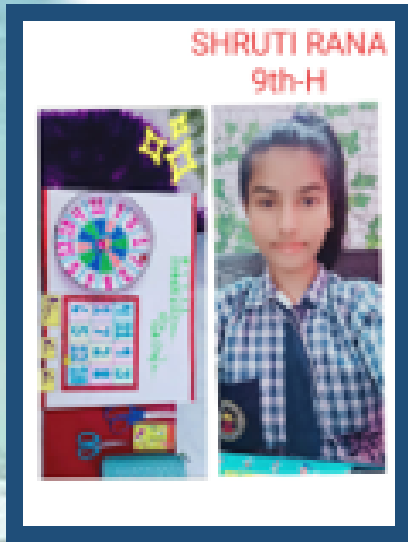
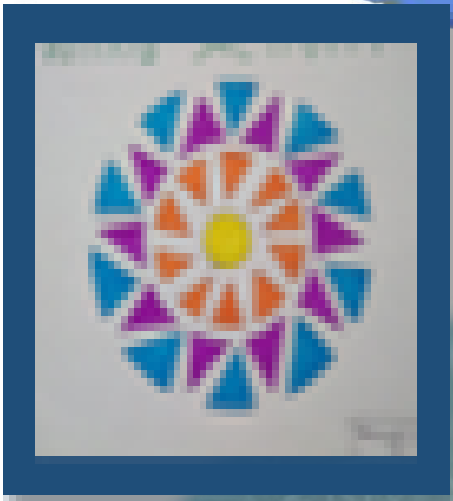
**ART**  
Integration

IN  
**MATH**  
CLASS

Arts integration provides an engaging and effective way to achieve standards in both math/geometry and visual arts. By analyzing the work of Russian artist

**WASSILY KANDINSKY**  
students developed math skills of identifying, classifying, and describing the shape, size, color, and location of geometric figures.





# Club - (Enigma Fortnite)

### Chapter-3 (Atoms & Molecules)

**ATOMS** are the smallest unit of a solid, liquid, gas of the matter.

ATOMS HAVE TWO MAIN PARTS

- THE NUCLEUS LOCATED AT THE CENTER
- THE ELECTRONS LOCATED OUTSIDE THE NUCLEUS

**MOLECULES** are the smallest particles of a substance which cannot be created or destroyed by any physical change.

Water ( $H_2O$ )

Polar covalent Bond

Made By - Harshita, 9A

### Afforestation

SAVE TREES  
SAVE EARTH

"Plant a tree, so that the next generation can get air for free"

- Harshita 9th F

### ART INTEGRATION WITH SCIENCE

"The arts are an essential element of education, just like reading, writing, and arithmetic, music, dance, painting, and theater are all things that enrich profound human understanding and accomplishment."

- William Bennett

NUMEROUS CASE STUDIES SUGGEST THAT INTEGRATING ART AND SCIENCE CAN INCREASE STUDENTS WITH CREATIVE PROJECTS AND ENCOURAGE STUDENTS TO EXPRESS SCIENCE IN MEANS OF VISUAL ARTS. LITERACY IS AN INDISPENSIBLE PRACTICE IN EVERYDAY SCIENCE TEACHING, A PEDAGOGICAL MODEL FOR SCIENCE TEACHERS ART INTEGRATION IMPROVED FROM A QUALITATIVE CONTENT ANALYSIS CONDUCTED BY ART INTEGRATION.

BY: MAHII MISHRA  
CLASS: 9-A

### WAYS TO FIGHT AGAINST COVID-19

Ways to fight against COVID-19 include: wearing a mask, social distancing, hand hygiene, and avoiding crowded places.

### WE PLEDGE TO SAVE WATER, CONSERVE IT BECAUSE WE DON'T HAVE ENOUGH RESERVE OF IT

### Solar Energy

define

Types

- Solar Thermal Energy
- Photovoltaic Solar energy

Features

Color Absorption

### KHADIN

A traditional way of conserving water.

A Khadin is an ingenious construction designed to harvest surface runoff water per gradient. Its main feature is a long (100-300m) earthen embankment built across the main hills slope during monsoon season. This captures the maximum possible rainwater runoff and agricultural runoff and infiltrates the water into the soil.

### Alternative Source of Energy (Solar Energy)

Solar power is an alternative source of energy which is clean, renewable, free and sustainable. It is the most abundant source of energy available on the earth's surface. The amount of solar energy that reaches the earth is about 100,000 times the amount of energy consumed by the world. The amount of solar energy that reaches the earth is about 100,000 times the amount of energy consumed by the world.

### It's not science. We study it in fun learning experiences.

"We had learnt the concepts of solid states in a very different and unique way that had helped us to understand the basic concepts of Solid State better."

### Portfolio Science

Topic - Solar energy

- Traditional Method to conserve Water Resource

### SCIENCE PORTFOLIO

Kanishka Bisht  
9C

### CHEMISTRY ACTIVITY CLASS 9B

These models are related to an elementary stage. The table shows that there are 98 different elements and isotopes. The table is arranged in order of increasing atomic number. The table is arranged in order of increasing atomic number.

MAHII MISHRA  
9C

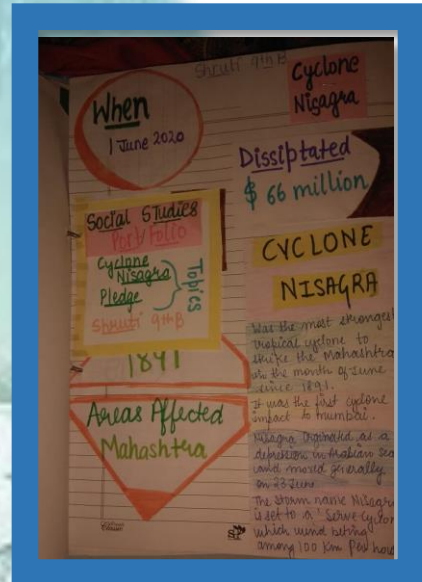
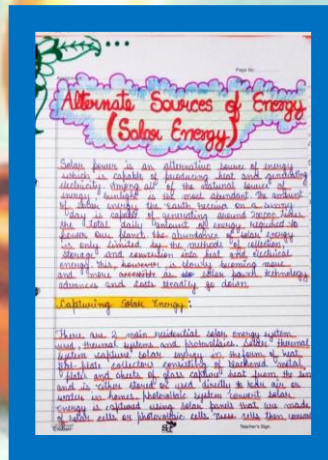
# Activity:-Clay Modeling

Importance of Art Integration can be explained with the following words by Rabindranath Tagore - When I see the universe through my songs, I recognize it, then only I know it.

Art integrated learning is a strong contender for experimental learning as it enables the students to derive meaning and understanding, directly from learning experience. Art integration not only makes the teaching and learning process joyful, it also has a positive impact on development of certain life skills . it also broadens the mind of students and enable them to see the multidisciplinary links between subjects. So keeping this objective 'Clay Modeling' activity was organized for class 11th and 12th biology students, students of class 11th and 12th had prepared the clay model of human heart and cloning vector respectively.



# Club - (The Page Turner)



**ART INTEGRATED LEARNING**

Art Integrated Learning is a framework of experiential learning which provides an equitable learning environment for all learners through their own access point.

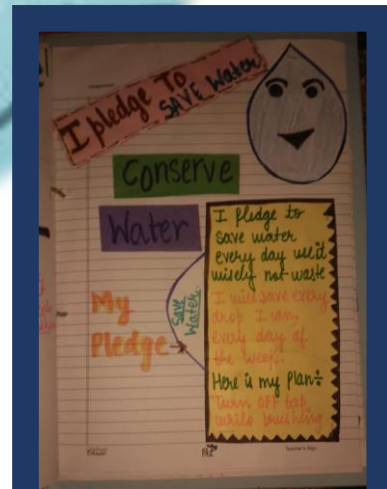
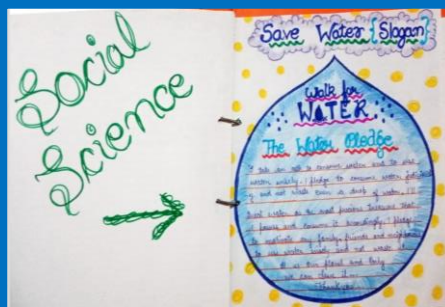
Art integration provides a deeper understanding of the material to students and also gives students the chance to be creative in their school work.

Show how art can relate to other subjects like social studies (history told through paintings and photographs, acting out historical events through drama) and (writing a critique of a famous work of art.)

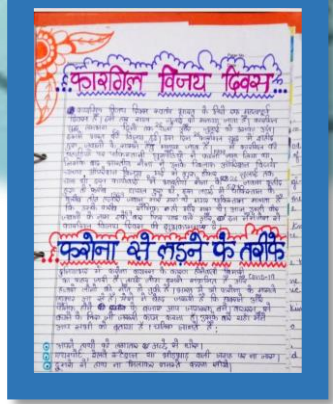
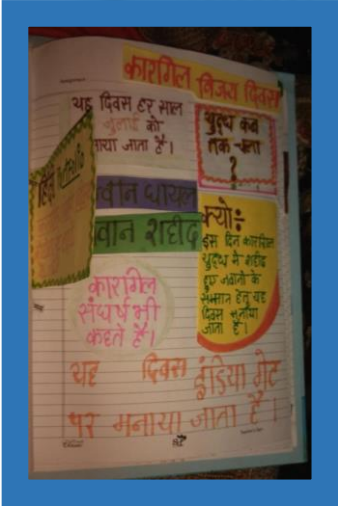
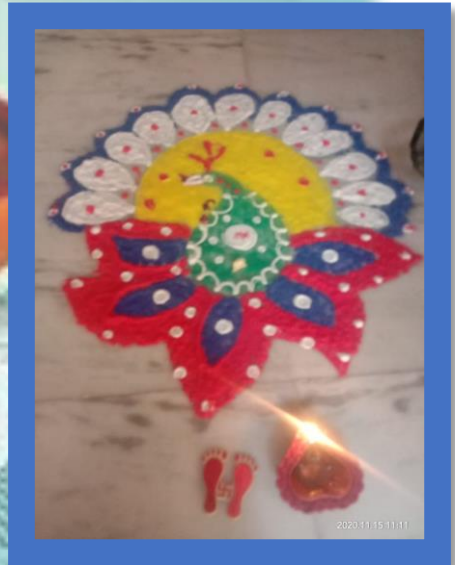
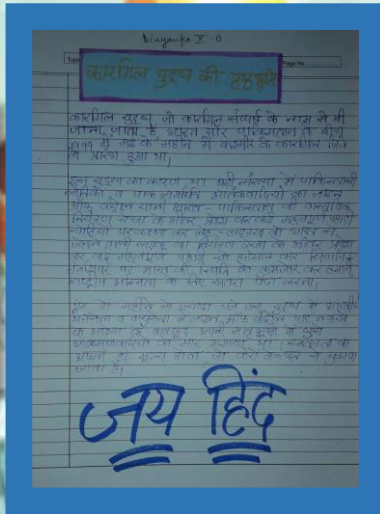
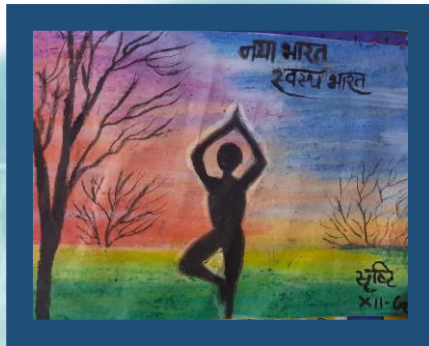
IN FORM OF (DRAWING, PAINTING, DRAMA, MUSIC ETC.) THE SUBJECTS CAN BE INTEGRATED WITH ART.

EXPLORING YOUR CREATIVITY

SNEHA RANI SYH A



# Club (सृजन )



# Club - (English Talkies)

**ENGLISH**

**IMPORTANCE OF YOGA**

NAME: DIVYANKA GUPTA  
CLASS: X-B  
SCHOOL: KAMAL MODEL SCHOOL

**English**

**Importance of YOGA**

Yoga is the journey of the self, through the self and to the self.

The main aim of yoga practice should be to attain a state of "Samadhi" that is that of one-pointedness of mind. This is brought about through physical and mental exercises. In the physical state, the individual performs various yoga postures or "Asanas" that aim to keep the body healthy.

Yoga is not a religion, it is a way of living that aims towards the betterment of a healthy body & "Yog" exercises, through the body with calm energy about "Asanas".

1. Attainment of proper equilibrium and harmony.
2. Benefits all "Asanas".
3. Enhances physical fit.
4. Removes negative stress from the mind.
5. Increases self-awareness.
6. Helps in stress reduction and concentration.
7. Reduces stress and tension in the physical and radiating parasympathetic nervous system.

Divyanka Gupta

**ENGLISH**

**WAYS TO INCREASE IMMUNITY**

1. **GET ENOUGH SLEEP**  
Sleep and immunities are closely linked. Getting less sleep may strengthen your natural immunity.
2. **EAT MORE HEALTHY FATS**  
Healthy fats like those found in olive oil and walnuts may boost your immunity.
3. **ENGAGE IN MODERATE EXERCISE**  
Challenged immune systems can suppress your immune system. Moderate exercise can help it to beat it.
4. **STAY HYDRATED**  
Drinking enough water, daily does make your immunity better. Water is also needed to deal with toxins, antibodies and sugar.
5. **MANAGE YOUR STRESS LEVELS**  
Stress is bad and cortisol is the hormone that can weaken your immune system. You can do meditation, journaling, breathing and other stress-management practices to deal with life.

**YOGA**

Beneficial Exercise  
Correct Breathing  
Complete Relaxation  
Balanced Diet  
Positive Thinking

**5 Principle OF YOGA**

**Benefits**

**ENGLISH**

**WAYS TO INCREASE IMMUNITY**

NAME: DIVYANKA GUPTA  
CLASS: X-B  
SCHOOL: KAMAL MODEL SCHOOL

Shruti 9<sup>th</sup>-B

**Importance OF YOGA**

Ways To Increase Immunity

Shruti 9B

**Portfolio English**

**WAYS TO FIGHT AGAINST COVID-19**

**Yoga Poses**

**Report Writing**

Kandhamo, a Hindu epic whose earliest portions date back to 1st millennium BCE, states that the location of Ram's birthplace is on the banks of Sarayu river in Ayodhya. A section of Hindu claim that the exact site of Ram's birthplace is where the Akshaya Tirtha once stood in the forest they flourish within forests.

According to their history, the Kings of Ayodhya established a Hindu shrine that marked the spot, and constructed a temple in its place. The material was constructed during 1687 AD by Man Singh, a Commissioner of the Mughal Empire.

Such opposed to this history states that such shrine once only in 19th century and that there is no evidence for it that there is birthplace of Ram.

The political, historical and socio-religious debate on the history and location of the Ram's Birthplace, and whether a religious temple was demolished or modified to be used as a museum as Ayodhya shrine.

In 1992 the demolition of Babri Masjid by Hindu nationalist groups widespread Hindu-Muslim violence. Since then the archaeological excavations have revealed the presence of a 2500-year-old massive brick wall, but whether the structure was a Ram's shrine (or a temple at all) remains disputed. No history is set to supreme court and that particularly under the Indian constitution and will.

**No Men Are Foreign**

**COLLAGE**

The central idea of the poem is that there is no difference between any two people. They are all human beings. They have similar life patterns such as the birth, death, and old age.



# CYBER SECURITY

## SAFETY MEASURES :-

Avoid free downloading websites as they might contain TROJANS.

Don't disclose passwords & personal info.

Avoid meeting people alone & webcam should be used carefully.

Use Private or Incognito browsing and make sure to use 'https' site and not 'http' site while performing online transaction.

You should install a good firewall as a wall to protect the attack of malware.

You should carry all the information of that specific moment when you became a victim, know that theft can happen anywhere.

One should have good netiquates while surfing the internet and at last one should be respectful to others netigens as well.

## IT ACT 2000:-

It provides legal recognition to the transaction done via electronic means. Some sections under IT act 2000 are given here:-

SECTION	OFFENCE	PENALTY
67A	Publishing images relating sexual acts	Imprisonment- up to 7years or/and fine - up to Rs. 1000,000.
67B	Publishing child porn or predateding children online.	First conviction:- Imprisonment- up to 5years Or/and Fine- up to Rs.1000,000; Second conviction:- Imprison.- 7years Or/and Fine- up to Rs.1000,000
67C	Failure to maintain records	Imprison. Up to 3 years or/and with fine.
68	Failure/refusal to comply with orders	Imprison. Up to 3 years or/and Fine up to Rs.200,000.
69	Failure/refusal to decrypt data	Imprison. Up to 7 years and possible fine.
70	Securing access or attempting to secure access to a protected system	Imprison. Up to 10 years and/or with fine.
71	Misrepresentation	Imprison. Up to 3 years or/and fine up to Rs.100,000.

VIRTUAL CYBER SECURITY AWARENESS PROGRAM

The ongoing covid-19 pandemic has increased cyber crime due to increase in online transaction and work from home environment. The cyber criminals are targeting individuals, industry, academia and govt. and henceforth India has become the top cyber attacked nations of the world.

October-2020 is globally marked as "National Cyber Security Awareness Month" with a view to educate the society and increase cyber resilience of the nation.

Students of K.M.S. have organized a Virtual Cyber Security Awareness Program to aware students, parents, teachers, and their family, regarding various types of cyber crime and ways to keep us safe from those crimes to happen.



# Student Corner

My teacher  
You taught me, inspired me  
Guided me, encouraged me  
Pushed me to do my best  
Thank you for caring about me  
~Gunjita

Teachers are like Goldsmith the  
spot our potential and helps us  
to shine in our lives  
~Fiza Mohammad X A

A flame which enlightens us..  
A lamp which brightens us!!!  
Your dream to uplift us..  
You all are those who made us  
reach our destination....  
And you have taught many  
generations..  
U are our inspiration..  
U all are God's best creation!!!!  
Someone who could see the  
potential..  
And believe the best in others!!!  
- OUR TEACHERS-

So here is a tribute to all our  
teachers who are doing such a  
hard work just for our bright  
future ahead ... Even during  
such a time you all are teaching  
us and doing your level best  
making so much efforts for us  
Thanks a lot to all of such great  
teachers.!!!

~Tanvi Rawat 9th F

Thank you teacher  
for reaching deep in me  
to find all I can be  
before I can see it myself.  
You never gave up on me  
I have a future  
because of you  
~Mahima Jaiswal



## Teacher's Corner

Few words for our loving students

Dear students As some one said that " The same boiling water that soften the potato hardens the eggs. Its what you are made of, Not the circumstances 👍 So as it's the time of pandemic and we all are living in panic but it's only you who can change this negative period to positive .This time said that not to let your life slip through your fingers. 🤝 Make a new start because nothing is really over until the moment you stop trying. So move ahead ,grab the opportunity and change the world according to you 🙌 Let's make the life as colorful as a rainbow 🌈 even in this tough situation.

**Swati Gautam**

" Education is what remains after one has forgotten what one has learned in school ."Education is essential for each individual and it can lead us to a better future. As we all know education is the key to success. Education develops human personality ,thoughts, dealing with others and prepares people for life experiences. Whatever good we see in our world today is because of an educative mind behind it. Education is the most powerful weapon which we can use to change the world. So" STRIVE FOR PROGRESS,.....NOT PERFECTION "[ **Sandhya P**

HEADING TOWARDS POSITIVITY...It's not easy to be positive all the time. Some times you will feel like, you can't do anything anymore. You want to give up everything and you feel that you have nothing to live for. You feel as if your efforts are going waste. You feel negative emotions. You are around people that make you feel negative. But if you take a moment to think about the bigger picture, you will understand that all that you have fought for will go in vain. The universe works like magic. You pay a price for something and you get it back ten times more. So hold on to your goodness and try to be as positive as you can. Think about something that makes you smile and feel better to keep yourself distracted from negativity. You might not be able to do it all in one go, but taking it slow, step by step is good enough as long as you're moving forward. But know this: you are destined to have a happy ending after everything you've been through.

Seema sunil kumar

# STUDENT EDITORS

"I see animation as one of the most powerful mediums to reach a wide ranging audience, from children to adults. What intrigues me most are the possibilities to use this medium to spread important messages and teachings while entertaining the audience. Animation allows you to talk about inconvenient and sensitive topics in a funny and relaxed way, which is much more difficult to achieve through live action."

Giampaolo



**AKSHAT KUMAR**



**ARTH THAPA**



**DAKSH**

**THANK YOU**

