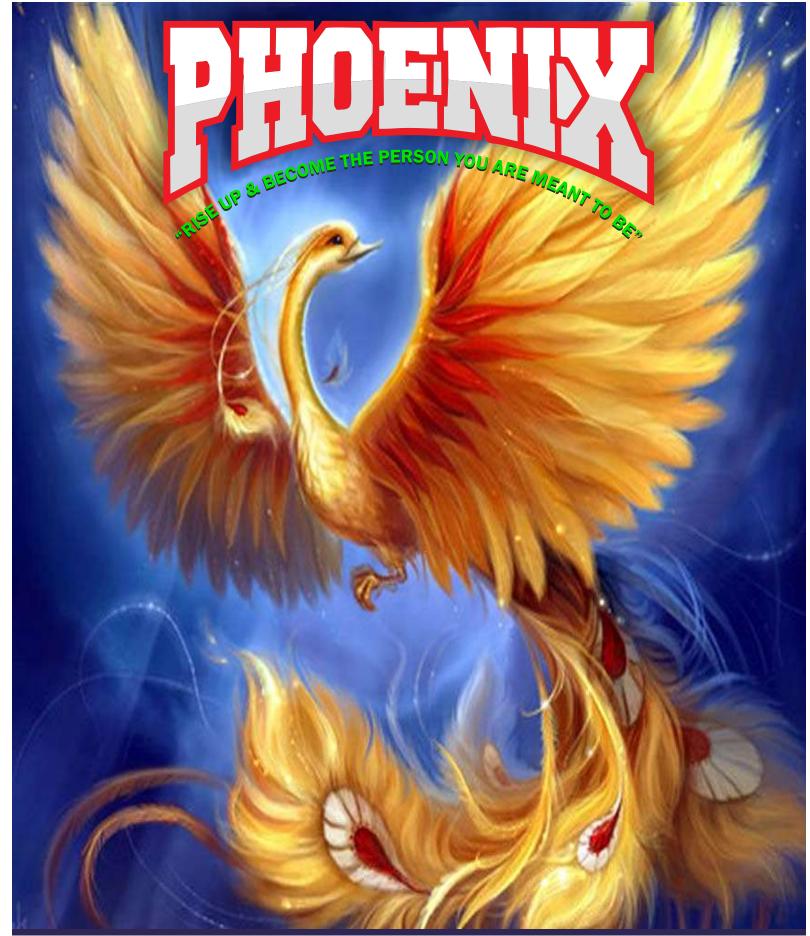


KAMAL MODEL SR. SECONDARY SCHOOL



NEWSLETTER NURSERY - II - VOL - I APRIL 2021- MAY 2021



WELCOME DEAR READERS!

The school is closed, learning continues... The shutdown was sudden and abrupt in several aspects but the Pandemic challenge has been accepted. We are now fast adapting to alternative pedagogy to engage students remotely and to continue the teaching and learning process in a "Teach-From- Home- Students-At-Home " situation. This can now be termed as" Pandemic Pedagogy" in academic lexicon. Ideally, moving instructions to the virtual mode can allow flexibility in teaching and learning anywhere and anytime. The speed at which the transition from conventional teaching to online instruction was expected to happen was unprecedented and staggering. Pandemic pedagogy demands flexibility, creating a "virtual reality" of classrooms without compromising the quality

We strived hard to do the same and it is being reflected here in the second edition of our newsletter.

Warm Regards Take a reading tour through this newsletter.

CONTENT

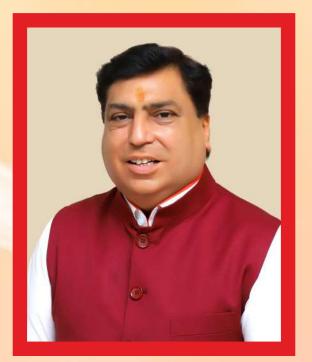
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Safer Together, Better Together (Pledge)



"Our mission at Kamal Model is that every student of ours become a success story"



Shri Ved Prakash Tandon Chairman - Kamal Model Senior Secondary School

I trust that you are taking care of yourself and helping your family well in this crisis time! As you know, this vacation is of a totally different type. One is forced to spend time mostly at home, even if the lockdown is removed, due to a similar post lockdown scenario. But, I am sure you are spending your time very well in the midst of your loving family and exploring it fully in all the dimensions, it offers. This apart, many of you may still have a good amount of free time and I am sure that you would like to use this time to discover and pursue your interests.

Perhaps none of us have ever realized that we will be facing a pandemic such as Covid-19, it will pose so much of uncertainty, change our lives so much and raise questions about the post-pandemic situation. It has taught the world many things within the last two months. It made us realize that there are so many gaps in our system developments despite so many advances, there is no divide along the lines of economic status and that our models are simply not in a position to estimate the behaviour and provide decision support about the interventions to be made.

At the present juncture, it is desirable that you take note of the above and try to equip yourself with all-round capabilities and skills to keep fit. The present summer vacation is your first opportunity and you may like to engage yourself in this vacation through some planned constructive activity so that it helps you in acquiring the right skills, and pursue your interests while in isolation. Education is boundless and you may like to use this opportunity to supplement with education in other domains too.

At KMS We foster a positive spirit and believe in partnership between students, parents, teachers, and support staff striving to create a milieu that sustains excellence.



<u>Our Extraordinarily</u> <u>Thoughtful Mentor</u>



Mrs. Vandana Tandon The Principal - Kamal Model Senior Secondary School

Somewhere, something incredible is waiting to be known." -Carl Sagan I came across this amazing quote quite suddenly when I was looking for some information on the internet and realized how relevant it is for all of us: children, parents and teachers. There is never any point in the life of a person when he can sit back and say. "There is nothing more to learn, I can relax with the comforting thought that the universe around me is an open book. I know it all".

"Education is not just about the subjects that are learnt and taught in school. Becoming educated is not restricted to being in school and then in college, gathering certificates and feeling proud of oneself. It is a lifelong exercise that can be unbelievably exciting if only we wish to jump onto the train of experience and take a trip to every conceivable place on the earth. Now we know that this cannot be done literally, so how do we manage it, first in school and then as we go on through the journey of life?

First, we all have to be on the same page: children, teachers and parents have to understand that education is not restricted to lessons taught in the classroom from text books. Parents and teachers must encourage children to ask as many questions as they can. For it is in wanting to know that will result in actually getting to know.

The thirst for knowledge is not restricted to the child. It is also essential for a parent and a teacher to keep adding to their own knowledge bank by keeping their eyes and ears open and by reading as much as possible and ensuring that children develop these habits as well.

Besides all of the above, that add to children becoming truly educated, schools and teachers must ensure that children have a society of enriching experiences. Surprisingly, these experiences develop a child's creativity and imagination and lead to something that is often thought to be more important than knowledge. Creativity and imagination make children grow up to be productive adults who then arrive as citizens of the world ready to make their own great contribution to mankind. "Imagination is more important than knowledge".

For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand. " - Albert Einstein.

My message to the teachers, staff, students and esteemed parents of Kamal Model School is to dedicate this year to a correct understanding of what education really means and let us all benefit from this understanding.





Mrs. Pramila Mishra Academic Director - Kamal Model Sr. Sec. School

That's one small step for man, one giant leap for mankind" says Neil Armstrong.

The small step taken by our Kamal Model School is a vow to produce strong individuals whom the world would cherish for their fine virtues. Learning at our school is based on the fundamental principles of life; teaching the children to be courageous, confident, disciplined, responsible and loyal. Education at our school provides a foundation for a lifetime of learning and is great fun too. We have brought a tremendous change in the educational system.

We have the privilege of grooming better individuals for tackling the challenges in the near future. Today the role of our Kamal Model school is not only to pursue academic excellence but also to empower its students to be lifelong learners.

We try to provide the best possible environment for healthy development of young children by providing a carefully planned and structured environment in which the child grows and learns in a natural way.

In this era of cut throat competition it is important to impart an integrated education to the future leaders for successfully facing multitask in this constantly changing world. The KMS, therefore, lay special emphasis on both curriculum and co curricular activities. The Newsletter "Phoenix" would also be a true reflection of progress made by the school in fulfilling the coveted goal of imparting disciplined and quality education.





Mrs. Pushpa Jindal Academic Coordinator - Kamal Model Sr. Sec. School

"Focus on the journey, not the destination. Joy is found not in finishing an activity, but in doing it."

Learning is the process of constantly updating in an ever changing world. The first five years experience brings about rapid changes in the life of child and are critical in his or her development. Children develop rapidly during this time; physically, intellectually, emotionally and socially. Also, the earliest years of a child's life are a key to predicting ultimate success in their school and personal life. The period from the age of three years until the beginning of Class 1 in a mainstream school is called the Foundation Stage of learning. All children should be given the opportunity to experience the very best possible start to their education.

Learning at our school is based on the fundamental principles of life; teaching the children to be courageous, confident, disciplined, responsible and loyal. Education at our school provides a foundation for a lifetime of learning and is great fun too.

Teaching at KMS Preparatory is a two-way process; where the teachers first try and understand each individual child so as to provide them with the most easy and adaptable techniques and a conducive ambience for them to learn what is delivered. We believe in teaching by following the child. We strive to keep our toddlers busy with learning activities. Today the role of a school is not only to pursue academic excellence but also to empower its students to be lifelong learners. We try to provide the best possible environment for healthy development of young children by providing a carefully planned and structured environment in which the child grows and learns in a natural way.

I also take this opportunity to thank the parents of our students for having bestowed their faith and confidence in us. Your faith in us is our driving force.

Academic Veterans



Mrs. Mansi Behl Coordinator

"The strength of the team is each individual member. The strength of each member is the team"

It gives me an immense pleasure to write and interact with you through this channel.

We are always eager to assist you by keeping you abreast of the latest developments, to keep track of important achievements and to exhibit the talent of our stars.

We, at Kamal Model always strive hard to offer our students salubrious learning ambience so that they can be given plentiful opportunities to groom their overall personality.

We create a favourable environment to learn not just academics but lessons of life, character, ethics and values, so that they emerge as responsible individuals. We are confident enough to get you the targeted goal.



Mrs. Jaspreet Kaur Coordinator

"Unity is strength... when there is Teamwork & Collaboration, wonderful things can be achieved."

Teamwork is the hallmark of Kamal Model School. Yes, our school stands as well is equipped to prepare our children to face the challenges that future holds.

We at Kamal Model School work at implementing a well balanced curriculum to ensure that the children who walk into the portals of our school will not just love their school years but truly be prepared to face life's challenges through learning because education at our school provides a foundation for a lifetime of learning and is great fun too.

I also take this opportunity to thank our committed & supportive management, dedicated teachers; caring and cooperative parents blend harmoniously, to create a child - centric school.

Best and warm wishes for the future endeavours.



Ms. Shweta Influential Editor



Ms. Geetanjali Content Designer



Ms. Ananya Content Designer







Ms. Riya Content Provider



Ms. Nikita Content Provider



Ms. Ekta Content Provider

Editorial Introduction

Dear Reader,

We heartily wish all the readers our best wishes and hope this newsletter will enjoy your critical acclaim and prove itself to play a vital role in the all-round development of the children.

We are thankful to our respected Principal ma'am for entrusting us with the responsibility of being a part of the Editorial Board. We take this opportunity to thank all the dignitaries for sparing their valuable time to send their best wishes for the magazine in the form of 'Messages'.

We are sure that the positive attitude, hard work, sustained efforts, and innovative ideas exhibited by our young buddies will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure. We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out the newsletter, which will surely unfold the unravelled world of the most unforgettable and precious moments of the school. The enthusiastic write ups of our young writers are indubitably sufficient to hold the interest and admiration of the readers.

Thank You Team Phoenix

To your Happiness!

<u>Class Nursery (May Month)</u> Ashish Choudhary, Utranee Rai, Sriyansh Pradhan

Class Prep (April Month)

Harmeet Kaur, Pranay Tripathi, Jiya Arora, Manik Upadhyay, Anshika Pandey

Class Prep (May Month)

Parthiv kumar Jha, Atul Yadav, Kunal Bhardwaj, Shriyanshi Mishra, Diksha, Rishant Mehta, Rudr Pathania

Class I (April Month)

Dhruv Mathur, Vansh, Riyansh, Ruhi, Ayushman, Jai, Bhavay, Ritesh, Suraj, Vaishnavi, Devyansh, Rishika, Shreya, Sumanyu

Class I (May Month) Aadiv, Afiya, Samar, Lav, Raonav, Saumya

<u>Class II (April Month)</u> Manvi, Riddhi, Aradhya Sharma, Aarushi Sharma, Priyansh Rawat, Preeti, Anjali, Panav, Nandini, Md Raihan

Class II (May Month) Ira Singh, Rishab Jha, Ansh, Chetan Sati, Avni, Daksh Anchera Activities of Nursery & Prep

Baisakhi Celebration Earth Day Celebration

Alpha Rocks

> Fun with Shapes

> > H

Colours Day Celebration

Summer Celebration

Nother's

Day

Best Out of Waste Competition

D

General Awareness

Varnmala Seedhi



Welcone First Day Cash



REPORT

On 5th April 2021, Students of Class Prep of Kamal Model Senior Secondary School had their First Day Activity.It was an engaging and fun filled day. Children learnt the concept of Circle shape along with Primary colours. All the children were able to draw and complete the assigned activity with full enthusiasm.The main objective of the activity was to grow the innovation and creativity skills of students as well as to polish their motor skills.We motivated our kids to complete the activity on their

own which developed their problem solving skills.



For more pictures:



Retro theme welcome party E-News letter of class 1



for more pictures

Click Here

RETRO THEME

Kamal Model Senior Secondary School welcome their blooming buds in some unique way. Class 1 cherubs celebrated their first day of online class in a grand way with a RETRO THEME class party. It was very well planned and executed activity. Pleasurable experience to watch young ones dressed stylishly and impressively as legendary actors of retro period.









Report...

Retro theme-based cultural presentation was the highlight of the day. Children performed on films of Raj Kapoor, Rishi Kapoor, Amitabh Bachchan, Mithun Chakraborty and Govinda! Students of Kamal Model Sr. Sec. school performed various dances and got dressed up like them.

For more pictures :

Click Here

Personal Hygiene Activity For class 2nd students



For more pictures :

Click Here

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Report...

EVS Activity We have heard this often and it remains very important to help control the spread of diseases such as COVID-19. **Today the teachers of class 2nd** taught students about personal hygiene and correct way of washing hands. Washing our hands frequently with soap or a 70% alcohol based sanitizer is the key way for staying safe and germ free. 10 basic steps of washing hands for 30 seconds can protect us from the virus.. Students were able to understand the steps and it is hoped that they will use the steps in future as well.

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Good Habits E-New letter of class prep



1

Good habits are those habits that one must inculcate in their lives that helps in improving their personality and develops certain competencies. Good habits should be a part and parcel of life and to develop good habits one must be extremely disciplined and consistent in their life.

The tiny tots of Kamal Model Senior Secondary School learned the concept of Good habits. Children learned the concept of good habits very easily. Children were excited to see the video and props used by the teachers. The children also showed their enthusiasm. It was an excellent learning

experience for children which will enhance their speaking skills.





for more pictures

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Road Safety Rules by class 2nd students





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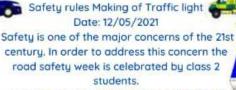


SAFETY RULES





For more pictures :



REPORT.

Teacher explained the importance of Road safety means that we should move along the road in a safe manner, i.e., keeping ourselves free from harm or injury on the roads. We need to follow certain rules to stay safe on the roads. These rules are called Road Safety Rules. It is very important for us to follow the road safety rules. This will help us in walking or moving on the roads safely. Even while riding inside a vehicle, we should follow the safety rules for a safe journey. Road safety is important so that all drivers use roads safely and cautiously to help keep themselves, passengers, motorists, and pedestrians safe.

All the students participated in the activity with great zeal and enthusiasm and made a traffic light and also wrote a poem on it . After completing the students sent their pictures and videos to their respective teachers.



Helping with Math E-News letter of class 1

Report of Class 1

Math's Addition Activity

The addition is taking two or more numbers and adding them together, that is, it is the total sum of 2 or more numbers. Today, the teachers of class 1 taught the topic of *Addition* to the students of their class. Teachers explained the concept to the students and also, they performed the activity so that the students will get the thorough understanding of the topic. The students were taught about the concept by their respective teachers and some worksheets were also discussed with the students. After this, an activity was organized by the teachers in the class. Students were pre informed about the activity and its required materials. All the students actively participated in the class, After completing their activity, all the

After completing their activity, all the students sent the pictures to their respective teachers.







for more pictures Click here







Consonants and Vowels E-News letter of class prep



As we know that children learning capacity is very high during early years. So it's our responsibility to plan step by step process to help them learn language with new vocabulary. As they had already mastered the alphabets with sounds. Teachers taught them difference between Vowels and Consonants through activities. The main motive behind these activities were to enhance their speaking skills, learn new vocabulary and boost their confidence The indepth understanding of the concept has been witnessed through videos where tiny tots of class prep of Kamal Model Senior Secondary school showed their conceptual clarity. The students participated in the activities with full enthusiasm.

for more pictures



Crafty Blends For class 2nd students



REPORT...

Activity of the day: Blend words "IR" Family Blending is super important because being able to mentally join speech sounds together to make words help student to decode words using letters sounds pattern when reading. Blending is the skill of being able to combine sounds together to make

words.

Keeping this in mind kids of grade 2nd made IR blend words using craft. Students enjoyed the activity very much.



For more pictures :



jumping craft with bee E-News LETTER OF CLASS 1









Clace - 1ct

ACTIVITY - JUMPING BEE

Students made jumping bees during oraft activity. Ant encourages children to think ,developing skills and confidence as they go. Through art and craft activity we can build their cognitive ,physical, and social development. Art and Craft activities can enhance the children's dexterity and agility. Students of Class-Thave made jumping bee in the graft session.

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for more pictures





Baisakhi celebration Nursery kids













Vaisakhi Di lakh Lakh Vadhaiyan

Report

The kids of Nursery class of Kamal Model Senior Secondary School celebrated Baisakhi festival virtually by dancing on the Punjabi folk songs and dhol beats with their teachers and also they were well dressed in Punjabi attire. They did beautiful craft activity of making headgear with the help of their parents and

some children recited poem on Baisakhi. The motive behind the celebrations was to apprise the children of their rich culture and heritage.

Click Here

For more pictures :

Baisakhi Celebration Prep class

For more pictures :

Нарри

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Report...

The students of Kamal Model Senior Secondary School celebrated "*BAISAKHI - The harvest festival of Punjab"*.

Rhymes Singing activities were organised. All the kids consistently participated in the rhyme singing activity with lots of enthusiasm. Teaching rhymes and songs in Pre Primary Education to the students is beneficial for them both inside and outside the school. It was an excellent opportunity to develop good bond between the Mother teachers and students.Parents also showed a lot of interest and extended their cooperation by sending photos and videos of students participating in activities.

Baisakhi Celebration With class 2nd students



For more pictures :

Report...

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Baisakhi celebration

Each religion has its own way of celebrating New Year. When crops are harvested in Punjab, this day is celebrated as Baisakhi. To give an insight into this day, the Kids of Kamal Model Senior Secondary School celebrated this day with gratification and gusto.

They were well dressed in Punjabi outfit . Girls were wearing Lehenga choli and Patiala suit and boys were wearing kurta pyjama and dhoti kurta. The outfit was adding Punjabi grace to their personality. They started the celebration by watching the video on "SIGNIFICANCE OF BAISAKHI". Fabulous creativity was seen in the pictures of corn cob which were nicely designed and coloured. Things further went with excitement

when kids flaunted their talent with their craft work. All the students enjoyed dancing on Bhangra beats and were shown a small animated video on the festival. They were also made aware of the importance of this festival by showcasing the Punjabi culture. The motive behind the celebrations was to apprise the children of their culture and heritage . The celebration of this festival marked the beginning of festivities

at our school.

Little champs came across with the importance of Baisakhi festival and yellow colour. Day culmination was full of festive with the smile on their faces.

Fun with varnamala E- Newsletter of class prep

Varnamala activity was organised for prep students in Kamal Model Semior Secondary School. The activity aimed at learning skills and Creativity skills the young moderinities. Students participated Earnestly and with Enthusiasm and students minds were highly active. They learnt easily and quickly. Through this activity children easily recognised the swar and vyanjan. We taught them through the play way method.

Click Here

for more pictures

AT PARTY AND



Hindi poem Recitation E-Newsletter of class 1

विषय - हिंदी कक्षा - प्रथम उपविषय - कविता वाचन शिक्षिका -ममता ठाकुर विषय प्रस्तुति: आज बच्चों ने बहुत ही रोचक ढंग से हावभाव के साथ कविता पाठ प्रस्तुत किया।कविता के माध्यम से उनमें अत्यंत महत्वपूर्ण विषयों जैसे -मेरी माँ, स्वच्छता, देशप्रेम, पोष्टिक आहार इत्यादि के प्रति रुचि जगाने का भी एक महत्वपूर्ण कदम उठाया गया । जिससे वह खेल खेल में मनोरंजक तरीके से इन सभी विषयों को सहजता से समझ सके ।साथ मे कविता के अनुरूप वेशभूषा पहनने व हावभाव के साथ कविता पाठ दे कर बच्चों में उनके कला कौशल को भी उभारने का प्रयास किया गया ।







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for more pictures

Tour of Jammu and kashmir E-news letter of class 1











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"Virtual Tour to Jammu and Kashmir"

Jammu of Kashmir is the northern most state of India and is also known as the crown of India. Due to the impeccable natural beauty Kashmir is called the Paradise on Barth Kashmir has everything to offer to a nature-lover, from snow-capped mountains, to gushing streams, to lakes and lush green gardens, Kashmir has it all On 15th May, 2021, teachers of class 1 organized a virtual tour to Jammu and Kashmir for students so that they can witness chinar tree-lined roads, quaint wooden bridges, bust-ling bazaars, Sufi shrines and forts, charms of flavorful Kashmiri cuisine, apples and walnuts from the fush orchards surrounding it and

many more.

All the students were pre informed about this virtual tour They were asked to dress up in traditional attire of Jammu and Kashmir and to keep their eatable items with themselves during the virtual taur

All the students were very excited and actively participated in this virtual tour. The teachers showed the video of ravishing beauty of Kashmir. After the tour was over, all the students sent the pictures to their respective teachers. It was a great tour indeed.

for more pictures Click Here

Virtual Tour to Kashmir for class 2nd students



For more pictures :



Jammu and Kashmir -India



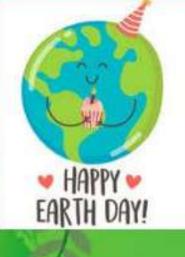
Report...

Date: 7 May 2021 Topic : Virtual Tour to Kashmir

"The sound of gushing water, Aroma of Pine trees the vibrancy of saffron rise of azaan and an unfathomable calling Kashmir surprises everyone' Today our children went to Kashmi tour and they saw the beauty of Kashmir they saw Sonmarg, Gulmarg , Pahalgam, Betaab valley and Vaishno Devi. Children also watched the Kashmir's traditional food their dresses and the way of their living. They watched the Kashmir tour with great joy and enthusiasm. Students also dressed up themselves in Kashmiri traditional clothes and jewellery. At the end they danced and enjoyed a lot.

Earth Day celebration

Nursery kids of Kamal Model Senior Secondary School (a) celebrated Earth Day on 22nd April 2021. They were advised to adopt a tree and to encourage others to plant a tree. They also indulged in a craft activity in which they have done tearing and pasting in the picture of Earth which has enhanced their motor skills. The Tiny Tots took a pledge to keep their environment clean and plant more



Click Here



EARTH DAY CELEBRATION

E-Newsletter of Nursery Class

























REPORT ON EARTH

Kamal Model Senior Secondary School Nursery Kids celebrated Earth Day by watering the plants and understanding the importance of water and plants in our life.

Some kids recited poems on The Mother Earth and took a pledge to keep the Environment clean and plant more and more trees.

FOR MORE PICTURES :

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For more pictures :

Report..

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Every year on 22nd of April we celebrate the Earth Day. It is celebrated to create awareness about protecting our planet and preserving the environment. Saving water, reducing pollution, protecting the wildlife, plants and trees, recycling waste are just a few means to saving our environment. Although only one special day is dedicated for this cause, it is the continuous effort of each individual including children that would really make a difference.

Art activities are fun way to add a hands-on activity to learn about Earth Day. Through art activities students were connected to environmental topics. It is also a great way to help them imagine the world they want to live in. By keeping this in mind students of class prep of Kamal Model Senior Secondary School expressed their love towards our "Mother Earth" by participating in an art activity of Headgear Making". Tiny tots completed their activity with full enthusiasm. The main motive behind this activity was to aware them about clean, green and healthy environment.

Earth Day celebration

E-news letter of class 1









for more pictures



Earth Day

"Nature is painting for us, day after day, pictures of infinite beauty." To continue the spirit for the well being of the Earth and raise open mindfulness about the World Earth Day, posters making activity was done by the students of Grade 1. Children actively has participated in the activity held and made beautiful poster during online classes.







For more pictures :

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Report...

Report - show and tell on gadgets Children were thrilled and excited as they came along bringing their valuable chattels like soft toys, electronic gadgets, family portraits, albums, e-books etc. eager to speak and share their thoughts on it with their buddies in the classroom.

Enthusiastic students plunged into action and came forward in kindred spirits sharing their experiences. The classes reverberated with speeches, tales, narratives and short stories.

The diversity of thoughts, ideas, views, interests and aptitude was reflected in their short

Pulses Pasting Activity















REPORT

The kids00 of Nursery class of Kamal Model Senior Secondary School did the pulses pasting activity. This activity was an artwork for the growing and learning children. In this activity, we used different kinds of pulses or grains such as seeds, rice, colourful lentils, or any other cereals that we normally get to see in the kitchen. Children enjoyed pasting the pulses in the numbers. Through this activity children enhanced their motor skills.

For more pictures :

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Ascending and Descending order E-News letter of class 1





for more pictures





Class 1

Activity of ascending order and descending order

In ascending order or descending order, kids will learn to arrange the numbers from bigger to smaller number and also from smaller to bigger number.

On 4, May 2021, Class 1st organized the activity for teaching this concept to the students. The students were pre-informed about the materials by their respective teachers. Students were asked to keep the match sticks / ice cream sticks and colored sheets with themselves.

Firstly, teacher taught the students about the concept and then she explained how to do the activity.

After completing the activity students sent their pictures to their respective teachers.

All the students participated in the activity with great zeal and enthusiasm.





Fun with Maths With class 2nd students



For more pictures :

Click Here



Report...

DIVIVA

Ascending and Descending order

Who said Maths cannot be fun. This Fridays class 2 teachers organized a simple yet fun activity of arranging numbers and objects in ascending and descending order. As we all know Kids always go, where there is excitement. So this game of arranging their favorite toys in order, gave the students hands on learning experience for the maths concept. The purpose of the activity was to teach students the basic concept of arranging bjects according to their height o size from smaller to bigger or bigger to smaller in playful and joyful manner.

ive Pagebordens.net

Orange Colour Day





REPORT...

The tiny tots of Kamal Model Senior Secondary School celebrated "Orange Day" in their Happiness Session. We celebrated Orange Day with a sole objective to acquaint the little ones with the concept of this Secondary colour and objects related to it. The teachers and children both in harmonious shades of orange enjoyed creating the hues and tints of this colour by blending red and yellow colours. The kiddies excitedly participated in the activity i.e. tearing and pasting on orange. The children enjoyed a lot and it was indeed a pleasure to witness little ones dressed up in orange bubbling with energy and fascination.

For more pictures :

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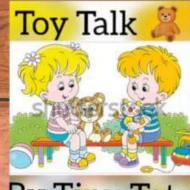
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Toy Talk Activity

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Click Here



By Tiny Tots











REPORT ON TOY TALK

"Toys are children's words and play is their language." Class Nursery kids did Toy Talk Activity and delivered lines
on their favourite Toy and showed their feeling of attachment with their toys. * This activity enhanced their Vocabulary, For more pictures : Verbal and Intrapersonal Intelligence. Children were very happy while telling about their favourite Toys.00

"WH" BLENDS E-News Letter Of Class 1



*ACTIVITY OF THE DAY : BLEND WORDS "WH"

GRADE : I

Blending is super important because being able to mentally join speech sounds together to make words help student to decode and familiar words using letters sounds pattern when reading. Blending is the skill of being able to combine sounds together to make words. Keeping this in mind kids of grade I nd made WH blend words using craft. Students enjoyed the activity very

much.

Click Here For More Pictures:-

Click Here





-sh

Blends ch and sh a phonic blend occurs when you have two or more letters appearing together and you can hear sound that each consonant would normally make. Teaching kids about consonant blends is such an important phonics and reading skill help kids learn to decipher ords, and learn to spell. Contre same purpose class 2 teachers organized activity on Ch d St sound words. After the with students were able to tify and spell words with the and 'Sh'.

For more pictures :



Magic of colours





for more pictures

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The Kiddies of Kamal Model Semior Secondary School learned the concept of Secondary Colours . *Colours Colours We See Them Everywhere.* Our world is filled with colours. A very important part of learning during Kindergarten is identification and recognition of colours . Children learnt the concept of Primary colours followed by Secondary Colours. Children were excited to see how mixing was done by the teachers. The children also showed their enthusiasm to mix paints to get secondary colours . Teachers and children spoke about Colours and showed objects of different colours. It was an excellent learning experience for children, which enhanced their visual discrimination ...



All About Me by class 2nd students













For more videos:

Click Here



REPORT.

Topic: Self Introduction Class: 2nd Date: 12/05/21 "Live life as though nobody is watching, and express yourself as though everyone is listening." - Nelson Mandela

The art of proper introductions is a very basic and useful social skill every child can use for the rest of his or her life. Self-introduction for a student helps build a persona and creates an impactful impression on the person one is addressing. It refers to an introduction that is clear, confident, and concise.

With the same objectives, today class 2nd teachers organized an activity. Students expressed themselves on virtual platform and shared their thoughts. They shared several things about them like hobbies, favorite color, what they want to be and many more. The activity brought everyone closer. Teacher also came to know about her students. It helped the introvert and shy students to take initiative and speak a few lines on themselves. The excitement to know about their classmates and the enthusiasm of participation made the learning experience enjoyable.

For more pictures :

Justralia





Date- 1 May2021 Topic- Virtual Tour to Australia

eport.

Virtual Tour to Australia

For class 2nd students

Virtual field trips are not limited by distance and are typically more costeffective than traditional in-person field trips.

Today our children went on an Australia tour and there they saw the wildlife of Australia where they also saw Australia's famous Kangaroo Island. Children watched the Australia tour with great joy and enthusiasm, as they were following the same color theme. They were in their picnic dresses along with picnic bags, goggles and hats. Along with this, the children also made animal masks to showcase Wildlife of Australia. Each class made different animal mask and enjoyed a lot.

virtual Tour to Himanchal pradesh E-News letter of class 1









REPORT OF CLASS 1

"VIRTUAL TOUR TO HIMACHAL PRADESH"

HIMACHAL PRADESH IS A NORTHERN INDIAN STATE IN THE HIMALAYAS. IT IS A FANTASTIC TOURIST PLACE ON THE BASIS OF ITS DIVERSITY AND NATURAL BEAUTY. THIS IS THE REASON WHY A LARGE NUMBER OF TOURISTS VISIT DIFFERENT PLACES IN HIMACHAL EVERY YEAR.

ON 7TH MAY, 2021, OUR CLASS ORGANIZED A VIRTUAL TOUR TO HIMACHAL PRADESH SO THAT THE STUDENTS CAN EXPERIENCE THE AMAZING SCENIC BEAUTY AND SERENE LANDSCAPES OF THIS BEAUTIFUL PLACE.

THE STUDENTS WERE PRE INFORMED ABOUT THIS VIRTUAL TOUR. THE STUDENTS WERE ASKED TO DRESS UP IN TRADITIONAL DRESSES IN THE VIRTUAL TOUR.

THE TEACHERS PREPARED THE VIDEO IN ADVANCE TO SHOW THE CULTURE, FOOD, DANCE, PEOPLE, SHADOWY VALLEYS, RUGGED CRACS, GLACIERS, GIGANTIC PINES, ROARING RIVERS AND EXQUISITE FLORA AND FAUNA OF HIMACHAL PRADESH.

ALL THE STUDENTS WERE EXCITED AND HAPPY THROUGHOUT THE TOUR. ALSO, STUDENTS DID THE CRAFT WORK AFTER THE TOUR. THEY MADE A PAHADI CAP. THE TEACHER SHOWED THEM HOW TO MAKE IT. THEN STUDENTS MADE THE CRAFT WORK.

AFTER COMPLETING THE TOUR AND CRAFT ACTIVITY STUDENTS SENT THEIR PICTURES TO THEIR RESPECTIVE TEACHERS. IT WAS A GREAT EVENT.

FOR MORE PICTURES

Click Here

Healthy & Junk Food E-Newsetter of class Prep



For more pictures :



REPORT...

The tiny tots of Kamal Model Senior Secondary School learnt the concept of healthy and unhealthy food. Children were excited to see the video and real food items used by the teacher. The children also showed their enthusiasm while showing and telling the difference between healthy and junk food. It was an excellent learning experience for children which also enhanced their speaking skills.

Healthy and Unhealthy food E-NEWSLETTER OF CLASS 1





*ACTIVITY OF THE DAY :

GRADE + I

HEALTHY/UNHEALTHY FOOD we also focused on Healthy Food vs Junk Food Eating healthy also helps with energy levels and positive thinking. By eating unhealthy foods and having lots of sugar you are more apt to feel sluggish and feel poorly about yourself. By eating healthier, Kids are able to focus longer on things and have sense of accomplishment by having energy through out the day. Students of class-1 learnt about healthy food vs junk food through the craft Activity.

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PAPER CRUMPLED ACTIVITY

KAMAL MODEL SCHOOL NURSERY E-NEWSLETTER



REPORT

FOR MORE PICTURES



A PAPER CRUMPLED ACTIVITY WAS ORGANISED FOR KINDERGARTEN STUDENTS IN KAMAL MODEL SENIOR SECONDARY SCHOOL, ON MAY 12, 2021. THE ACTIVITY AIMED AT ENHANCING AESTHETIC SKILLS, EYE-HAND COORDINATION, CREATIVITY SKILLS AND INNOVATION OF THE YOUNG MODERNITIES. STUDENTS OF CLASS NURSERY PARTICIPATED EARNESTLY AND WITH GREAT ENTHUSIASM.STUDENTS **AESTHETIC SKILLS WERE HIGHLY DEVELOPED. STUDENTS PREPARED A CAT** WITH CRUMPLED PAPER .CHILDREN ENJOYED THIS ACTIVITY. STUDENTS ARE ALWAYS TAUGHT THROUGH THE PLAY WAY METHOD.

Maths Magic E-News letter of class prep

698455 Learning Numeracy skill becomes very easy when we have fun with Numbers. This has been proved by tiny tots of Kamal Model Senior Secondary School class prep. Different activities were conducted by the teachers to help them understand the concept of "Before Numbers" and "After Numbers". Kids grasped the concept very easily which is been witnessed through videos.

The main objective behind encouraging kids to engage in these activities was to enhance their cognitive and language skills. It also helped them to understand the concept by doing it. Kids actively participated in the activities and showcased their understanding by sharing videos.

for more pictures

mil- area

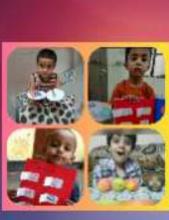




one and many E-News letter of class 1











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"Activity of One And Many"

Class 1

One and Many. Nours that name only one thing are called singular. Nours that name more than one thing are called planel. On 3. May 2022, Class 2st organized the acceptly for teaching this concept to the students with the help of pdf. The students were pre deformed about the materials by their respective teachert.

Students were asked to keep the colored skytch pens with themselves. Givenly, teacher tangles the students about the concept and then the explained how to do the activity.

After completing the activity students sent their pictures to their respective teachers. All the students participated in the activity with great zeal and extinuitam.

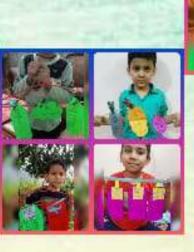


word hanger

E-News letter of class 1











for more pictures





Word Hanger activity is an alternative to random memorization of words exercises. These activities are fun, innovative and interesting enough to keep our kids engaged with words

students of Class-1 have made word hanger in English. It also enhanced their vocabulary shill in a fun way. All the students participated in the activities with great zer and enthusiasm. They were pre-informed about the materials required for both the activities. Firstly, the teachers told the students about the concepts and then the students performed the activities with great zeal and enthusiasm.

After completing the students sent their pictures and videos to their respective teachers.

FIRST AID BOX ACTIVITY





Report...

FIRST AID DATE :4/05/2021 BE A HERO. SAVE LIVES. FIRST AID IS FOR EVERYONE, EVERYWHERE.

ON 4 MAY 2021, CLASS 2ND STUDENTS MADE FIRST AID KIT THE STUDENTS WERE PRE INFORMED ABOUT THE MATERIALS BY THEIR RESPECTIVE TEACHERS. STUDENTS MADE FIRST AID KIT AND TEACHER SHOWED THE STUDENTS VARIOUS THINGS THAT COMPRISE A FIRST AID BOX SUCH AS -DETTOL/SAVLON, BANDAGE, BAND AID, COTTON, SCISSORS AND A THERMOMETER ETC FIRSTLY, TEACHER TAUGHT THE STUDENTS THAT FIRST AID SKILLS ARE KEPT SIMPLE ON PURPOSE SO THAT PEOPLE CAN REMEMBER AND USE THEM IN AN EMERGENCY TO SAVE LIFE. SET OF GOALS OF FIRST AID IS CALLED THE THREE P'S": PRESERVE LIFE - STOP THE PERSON FROM DYING. PREVENT FURTHER INJURY - STOP THE PERSON FROM BEING INJURED EVEN MORE. PROMOTE RECOVERY - ENCOURAGING CONFIDENCE AND PROVIDING CONFIDENCE.

AFTER COMPLETING THE ACTIVITY STUDENTS SENT THEIR PICTURES TO THEIR RESPECTIVE TEACHERS. ALL THE STUDENTS PARTICIPATED IN THE ACTIVITY WITH GREAT PASSION AND JOY.

IT WAS A SUCCESSFUL EVENT INDEED.

Click Here

For more pictures :



Virtual Yoga Class For Prep students



Click Here

REPORT...

Yoga incorporates breathing exercises, meditation and poses designed to encourage relaxation and reduce stress. Practicing yoga is said to come with many benefits for both mental and physical health. There is no doubt about how important Yoga is for students. With today's lifestyle, people tend to forget about their physical and mental health accumulating stress and fatigue in the body.

Learning Yoga at an early age can have good and enormous advantages on the general wellbeing as well as the prosperity of the students. Keeping this in mind we at Kamal Model Sr. Sec. School organized a virtual yoga class for the tiny tots of class nursery and prep.



World Asthma Day Class 2nd students performing Yoga





Topic: Yoga on World Asthma Day

This day was first observed in 1998 by the World Health Organization as a part of the Global Initiative to raise awareness about asthma and how this dreadful disease can be controlled and cured with proper treatment. Asthma is a chronic lung disease that causes difficulty in breathing due to the narrow airways in the body. Today, Asthma affects over 300 million people worldwide across various age groups. With its symptoms like cough, wheeze, shortness of breath and chest tightness, it can lead to tiredness, sleep disturbance, poor concentration etc. Management of Asthma is a lifelong journey and this is where yoga can play a big part to make it easier. Today the teachers of class 2 organized yoga session for their little toddlers as yoga can help increase breath and body awareness, slow our respiratory rate, promote calm and relieve stress. Pranayama and yoga's meditative nature has a therapeutic effect on us and on our immunity. Students were pre-informed to wear loose and comfortable clothes, either to sit empty stomach or to have breakfast 1 hour before the session and were asked to sit on mats during the class. Lots of breathing exercises, pranayama and asanas were done during the session like abdomen breathing, deep breathing, easy seated pose Kapalbhati etc. Students enjoyed the class and were very

relaxed after the session.

For more pictures :



SOUARE SHAPE







INTRO OF SQUARE

Teacher taught about the type of shape which is "A Square". A square has 4sides,4corners and all the sides of a square are same.



ACTIVITY TIME (9)

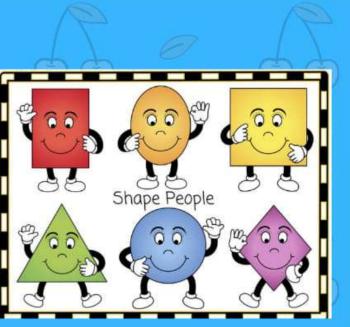
Teacher and kids did the Activity of Square making with the help of toothpicks and clay. Then the teacher showed the things which are Square in shape and then asked the kids to show square shaped things in their house. By doing this child clearly understood about the square shape that is how it looks like and what things are square in shape.

FOR MORE PICTURES :

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SHAPES E-Newsetter of Prep class





For more pictures :



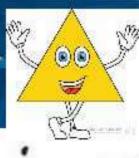
Report

Report on Shapes Activity:- The tiny tots of Class Prep of Kamal Model Senior Secondary School learnt about various shapes and activities related to it. They made beautiful and attractive pictures like Rockets, Scenery, etc by their visualisation. Students have dynamic learning capabilities that are enhanced by their observation skills. The basic shapes and colours impact the children. They try to understand their surroundings by looking at the different objects and structures which help them in learning the shapes. It was an interesting and excellent learning experience for children which will enhance their visual skills.





Fun with shapes E-News letter of class 1









The ability to accurately identify shapes is a foundational mathematical skill, and it is quite rewarding for children because their world is full of shapes. Understanding shapes will enable students to be more in tune to the world around them and see the connections between objects, as well as being better able to appreciate artistic works.

Keeping this in mind, the students of class 1 made some water animals with different shapes and also integrated it with art and craft. This activity helped them to build their critical thinking skills about the shapes.

Click Here

for more pictures

Green Colour Day



For more pictures :

Click Here



NURSERY KIDS

Children usually learn about colour during their Preschool Years.



"An Investment in the knowledge pays best Interest."

Nursery Class celebrated Green Colour Day. Teacher and Students wore Green attire and Teacher displayed green coloured objects. Teacher asked children to show green colour Children had enjoyed objects. a lot and did the activities very nicely. They also sang a rhyme -"Hi! I am Green." Students made Green Vegetables and coloured them beautifully with green colour. This activity enhanced their creativity skills, eye-hand coordination and fine motor skills.®

Bubbly Potato Emoticons











Kids of Nursery class made bubbly potato emoticons by creating potato impression by dipping potatoes in different water colours and then made different kinds of emotions on it. By doing activity they enhanced their creativity skills, understood different types of emotions and enhanced their emotional skills.













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For more pictures :

LET'S COOK WITHOUT With class 2nd Students



For more pictures :





REPORT...

Activity of the day: Cooking Without Fire Is it possible to cook without fire? Yes, very much possible! On 27th April 2021 the students of class 2nd performed cooking without fire activity. This activity was conducted with a view to create awareness about nutritional value of food cooked without flame ,the necessity and advantage of healthy eating and to encourage students to stay away from junk food. The students prepared healthy sandwiches by using cucumber ,avocado, capsicum onion, tomato extra. They served their dishes in an artistic and aesthetic way which enhanced their creativity skills.

9 T H , M A Y , 2 O 2 1

MOTHER'S DAY CELEBRATION

The E-Newsletter of Kamal Model Senior Secondary School



"Mothers are the blessings that God has provided us



Virtually Celebrated Mother's Day(Nursery)

Card Making, Crown Making etc.

Report

Mother's Day was celebrated on 30th April 2021, with jubilation and zeal. Mother's Day is celebrated annually on the second Sunday in May. Mother's Day is a special day for all children. Mother's are the emotional backbone of the family who have the magic touch to heal all wounds and make all things beautiful. It was a pleasure watching the dynamic and energetic children preparing something unique, something special. Mother's hold a special place in the hearts of the children. Today, students performed a craft activity on Mother's Day in which they made a Hand Impression Greeting Card. The activity aimed at fine motor skills, eye hand coordination and creativity skills of the young modernities. They even drew picture of their mother and wrote a sweet line. "GOD COULD NOT BE EVERYWHERE

AND

THEREFORE HE MADE MOTHER'S."

For more pictures :



Mother's Day Celebration

By class Prep students



For more pictures :

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REPORT... Happy Mother's Day

The tiny tots of class Prep celebrated Mother's Day virtually with the help of their fathers. They made beautiful gifts for their beautiful mom's. Teachers taught them that how much a mother is important in every aspect of our life. They made beautiful tiara, best mom batch and yummy sandwiches. Some of the kids also performed beautiful dance with their moms. All the kids succeeded in bringing a beautiful smiles on their moms faces on this beautiful day.

As a share while the second share

Mother's, Day celebration E- News LETTER OF CLASS 1







for more pictures

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Mother's Day Celebration

By class 2nd students



For more videos :







National Technology Day E-News letter of class 1



for more pictures



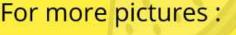
ACTIVITY - TOY TELEPHONE

On the 11th day of May each year. India celebrates its National Technology Day. The day celebrated the first successful nuclear test. which was carried out at Pokhran. The day is celebrated to create awarenets and inspire young minds all over the country. Students get a platform to chowcace their talents and interest in various events. The 11th day of May is an important day for India as on this day in the year 1998, India achieved a technological and very significant milectone in the world. Keeping this in mind KAMAL MODEL SR. SEC. SCHOOL **Delebrated Technology Day during** virtual session. They showcased their talent by making toy telephone. Along With this they made jumping

bees during craft activity. Art encourages children to think, develop childs and confidence perform art and craft activity we can develop their cognitive physical, and social skills Art and Craft activities can enhance the children's dexterity and agility. Students of Class-1 made jumping bee in the craft section

Click Here

Let's go to the Beach



Click Here

The Tiny Tots of Kamal Model Senior Secondary School did a Summer Craft Activity before their Summer Break.They created a Beach scene ⊠ and made a paper boat which was floating on that beach. A little Sun was also shining behind. The kids enjoyed a lot while doing this craft activity. They were very excited to make a beach scene and also they were imagining that they were at the beach ⊠. This activity helped them to enhance their thinking and creativity skills.

Report

Fun with paper E-News letter of class prep

Pun with paper craft activity was organised for prep students in Kamal Model Sr. Sec school on 12th May 2021

Children performed done various activities like making Caterpillar on leaf. Watermelon as a summer craft and making bird with paper folding. The activities aimed at honing aesthetic skills. creativity and innovation of the young modernities Students of Prep class participated earnestly with enthusiasm and Through this activity they learnt easily and quickly and enjoyed this

activity

for more pictures





fancy dress competition on community helpers









for more pictures

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REPORT OF CLASS I

FANCY DRESS COMPETITION OF COMMUNITY HELPERS

COMMUNITY HELPERS ARE PEOPLE WHO LIVE AND WORK IN OUR COMMUNITIES. SOME EXAMPLES OF COMMUNITY HELPERS ARE: DOCTORS, NURSES, CHEFS, BAKERS, ETC. ON 6, MAY 2021, CLASS 1ST ORGANIZED THE VIRTUAL FANCY DRESS COMPETITION ON COMMUNITY HELPERS. THE STUDENTS WERE PRE INFORMED ABOUT THE COMPETITION BY THEIR RESPECTIVE TEACHERS.

STUDENTS WERE ASKED TO DRESS UP AS ANY ONE OF THE COMMUNITY HELPERS AND SPEAK FEW LINES ON IT IN ENGLISH. IN THE CLASS, THE TEACHER TOLD THE STUDENTS ABOUT THE MEANING OF COMMUNITY HELPERS AND THEN SHE LISTENED THE LINES FROM EACH STUDENTS ALPHABETICALLY. ALL THE STUDENTS PARTICIPATED IN THE ACTIVITY WITH GREAT ZEAL AND ENTHUSIASM. AFTER COMPLETING THE STUDENTS SENT THEIR PICTURES AND VIDEOS TO THEIR RESPECTIVE TEACHERS. IT WAS A GREAT COMPETITION INDEED.

For class 2nd students



Topic - Dance competition Date- 13/05/21

Dancing is so much more than just groovin 'on the dance floor to your favourite tunes. In fact, so many benefits are associated with dancing. Not only does it train the brain and body's motor skills but it also is an excellent exercise for the entire body. Today, students of class -2 initiated a healthy dance competition in the class and showed some great performances. The theme 'FOOTLOOSE' was taken for western dance. All the students participated with positivity and full enthusiasm Time duration was given to the students...It was an enjoyable event.



For more pictures :

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BEST OUT OF WASTE COMPETITION Of class Nursery and Prep

REPORT....

Best out of waste is one such craft which follows the environmental friendly principle and at the same time creates useful and pictures objects out of waste products. In order to make children aware of uses of waste material, and to give them a lesson on reducing waste to save our future, The Best out of waste' competition was organized by Kamal Model Sr. Secondary school for class Prep and Nursery students.

Little hands and imaginary minds came together in a creative burst of energy. Mind- blowing and fabulous ideas were demonstrated by students with the help of their parents. They prepared very creative and innovative things from different waste materials like bottles, boxes, paper, newspaper, match sticks and many more.

It was amazing to see how scrap could be transformed into such useful and beautiful articles. All the Kids participated enthusiastically in this activity.

POSITION HOLDERS Of class Nursery





NURSERY-A



Ist Idhyah



2nd Arooh

















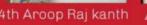


4th Aryan



5th Divvansh



















we are cartoonist (Drawing competition) E-news letter of class 1



Report of Class 1 Cartoon Drawing Event *WE ARE CARTOONIST.* A cartoon is a simple drawing of the characters which kids see in the television in an entertaining or animated way with lots of lively colors in it. Cartoons can develop an artistic mind in the students. If you tell a student to draw a cartoon character from their own imagination they will show such an amazing creation that will astonish us. Keeping this in mind teachers of class 1 organized the 'Cartoon Drawing Event' for their students. An invitation regarding this event was sent to the students few days prior. Students were asked to draw and color their favorite cartoon character. They were asked to keep their materials with them during the class. They were given some time to complete the draw and coloring work After completing their drawing work, the students sent the pictures to their respective teachers. All the students were very excited for this event and participated in this with great zeal and enthusiasm



for more pictures





SUMMER HOLIDAYS FUN Of class Nursery and prep











Report...

Summer holidays are always a means of rejuvenation and relaxation. A special fun session was conducted on the last working day of online class where kids participated and shared their joyous memories and how they will enjoy their summer vacations. The session became exciting when a party was organized for * Pre-Primary wing.* Children acted on various acts like mimicry, singing, dancing. They dressed up in party wear outfits and played various games. They also had lipsmacking food and shared a wonderful experience with their friends. Their vibrant faces were shining bright as it was time to take a break from their regular activities and spend time with their families. They parted happily with a promise to abide by the do's and don'ts regarding the pandemic and come back energized with more dynamism and vitality after summer vacations

For more pictures:

Click Here

Virtual Tour to Disney Land for class 2nd students

Report.

Life in the times of Corona virus means a halt on travel. However a virtual trip to a disney world can spark intense student interest as well as nurture thinking skills . We all know trips and tours are important for interactive and new learning, social interaction and exposure .So , to eradicate boredom and enhance knowledge while comfortably sitting at home Kamal Model Sr. Sec. School, provided link for virtual excursion to the Disney Land , to allow the students to have 360- degree view of the famous cartoon , rides by simply clicking and moving the cursor/mouse. In this tour students dressed up like their favouite cartoon character and sat along with their fav. toys and enjoyed this virtual tour







Believe, It Can Be Done

If you are not willing to learn no one can help you if you are determined to learn no one can stop you.

Always Do right things kids even when no one is looking at you.

Never give up on what you really want to do the person with big dreams is powerful then one with all the facts.

The more that you read the more things you will know the more that you learn the more places you will go.

Dream big and Dare to fail. There is no substitute for hard work.

All students can learn and succeed but not on the same day in the same way .

We do not need magic to change the world, we carry all the power we need inside ourselves already we have the power to imagine better.

Nobody is perfect that's why pencils have erasers.

Mistakes are proof that you are trying to do what is right not what is easy.

- Shweta Kothari

Benefits Of Yoga

Yoga incorporates breathing exercises, meditation and poses designed to encourage relaxation and reduce stress.

Practising yoga is said to come with many benefits for both mental and physical health.

There is no doubt about the importance of Yoga for students. With today's lifestyle, People tend to forget about their physical and mental health accumulating stress and fatigue in the body.

Yoga has become a feature of regular everyday practice. It is important for everybody whether you're a child or grownup adult, you need to perform

Yoga practices daily for getting benefits such as feelings of serenity, keep up vitality levels, improve adaptability, and discover motivation to channelize your energies correctly.

Learning Yoga at an early age can have good and enormous advantages on the general well being as well as the prosperity of the students.

-Sonia Taneja

Books - Our Knowledge Hub

Books Keep Our Brain's Healthy

Did you know that when you read books, you're also exercising your brain? The more you read, the more you stimulate your mind. Mental stimulation keeps the blood flowing to our brains, preventing diseases like dementia and Alzheimer's. When we read, our cognitive function and memory improve. The healthier your brain is, the more you are able to focus and develop your analytical skills.

Books Reduce Stress

Whether it's science fiction, YA, romance novels, or autobiographies, books can help you relieve tension and relax. Books allow us to escape the stress and anxiety of everyday life by allowing us to immerse ourselves in another world or involve us in a topic we find compelling. And because there is a book out there on just about every topic in the world, it's possible for everyone to find the perfect book that will keep them focused and at ease.

Books Motivate Us

Books have the power to inspire and motivate us with stories of people who have made something of themselves despite the odds. Whether it is the heroics of a fictional character or the real-life accomplishments of someone remarkable from history, books encourage us never to give up, keep moving forward, and stay positive. **Time & Tide wait for none**

Have you ever closely analyzed the true meaning behind this proverb? The literal explanation of this proverb is that like a tide, time also does not wait for anyone or anything. It is a natural phenomenon that goes on passing. Time and tide both represent the significance of an opportunity. We cannot predict its occurrence or recurrence. It is shortlived and knocks our doors without any prior notice.

To grab the most out of an opportunity, you need to seize it when you can. Time is certainly the most abstract and influential force in this world. Even the most powerful and strongest wizards have failed to command time. No one is granted with so much power that he can stop time and this is what is depicted by this phrase. Stopping the march of time is beyond the control of a man therefore it is important to understand the significance of time to use it wisely in our life. Have you ever been able to stop the tides at the seashore? No obviously not, no matter how hard you try to do that you will never be able to hold it. Time and tide do not care about your sentiments. They are immune to your loss and gain. This proverb teaches us a lot of things. One of the lessons includes punctuality.

Indeed there are no retakes in life. In the 24 hours that we get in a day, every second count. Time is the best and cruellest teacher. Beyond that time also has the power to heal. It is like a waterfallcontinuously streaming without ever stopping. This proverb encourages us to use our time in positive and creative pursuits. We must spend each day as if it is our last. That way, no one can stop us from achieving greater heights.

-Preeti Sharma

-Ekta vats

Teacher's Love

Every day you greet your students with a smile upon your face. Though paper work the night before seemed like a grueling race.

.Money's not your motivation. It 's the love for what you do. Your hear that special calling to which you always will stay true..

Your students are your dedication devoted is to them.. To you each child's unique and special, a beautiful little gem.. Some days are just demanding and frustration takes its course..

Then you see those little faces, their inspiration is your force. Each day you are in your classroom reminds you why you are there.

Making difference in children's lives with whom your heart you share.. There's special pride in teachers and a love for what you do..

And appreciation always shared between those little lives and you..

-Geetanjali Rajpal

Reader Riddles

Kids let's do some brainstorming to solve the Riddles:-

1) What has to be broken before you can use it?

2) I am tall when I'm young and I'm short when I'm old. What am I?

3) I have branches but no fruit, trunk or leaves. What am I?

4) What goes up and down but doesn't move?

5) I had hands but can't clap?

6) what has four legs but can't walk?

7) Joe's father had three sons Peter, Nick and ?

8) If four children weren't under an umbrella, how come none of them got wet?

Answer Keys:-1) An egg 2) A candle 3) A bank 4) Staircase 5) A clock 5) A table 7) Joe 7) Joe 8) Because it was not raining.

-Rajbir Kaur

Don't Panic

We all are aware of the situation going on in our lives this pandemic has changed our life from head to toe but if we will carefully look at the situation panicking is making situation worst also when we panic we do not focus on solutions our focus naturally shifted to the problems and negative thoughts.

Take a moment and think carefully we are concentrating what we don't have not on what we have.

Let's change our outlook towards the situation once may be that will show you another way to live a life.

- Nitika

'Teacher' the Real Light

I'm so much more than just "TEACHER"

I'm a Counsellor and Physchologist to a problem-filled child, I'm a Police Officer that controls a child gone wild. I'm a Librarian showing adventures that a storybook brings, I'm a Photographer keeping pictures of child's yearly growth, I'm a Doctor that detects when a child is feeling sick. I'm a Party Planner for holidays to celebrate with all, I'm a Decorator of a classroom, filling every wall, I'm a Clown and a Comedian that makes the children laugh. I'm a Dietician ensuring they have lunch on time. When we seem to stray from values, I become a Preacher, But I'm proud to have to be these people because I'm proud to say, " I am a TEACHER ".

-Ananya Sharma

To all the Teachers

From hand holding to screen sharing From chalk to chat From blackboard to whiteboard From real to virtual The journey was difficult but YOU did not give up. From offline to online From keep quiet to speak up From no mobile to turn on your mobile From conventional to technical The journey was difficult but YOU did not give up. From notebook to screen-shot From teacher's assessment to self assessment From classroom to zoom From school to home The journey was difficult but YOU did not give up.

Importance of Morality

A man loses little when he loses his wealth, A man loses more when he loses his health, But there is one thing that if lost will make him fall,

Morality, for when he loses that he loses it all,

For morality is the very foundation of our humanity,

And without it society will inevitably sink into insanity,

Morality is our greatest distinction from animals and machines,

Morality is the key element of great leaders, kings and queens,

Where would we be without morality to guide mankind?

Would we be mindless animals with hearts so blind?

Would we still have kindness and

compassion within?

Or would we simply lead a reckless life of crime and sin?

Without a sense of morality mankind would be lost,

We would commit to many cruelties like the holocaust,

If we are unable to differentiate between wrong and right,

How can mankind possibly achieve a future so bright?

-Riya Kapoor

Time the Real Money

When in the chronicle of wasted time I see descriptions of the fairest wights, And beauty making beautiful old rhyme In praise of ladies dead and lovely knights,

Then, in the blazon of sweet beauty's best,

Of hand, of foot, of lip, of eye, of brow, I see their antique pen would have express'd

Even such a beauty as you master now. So all their praises are but prophecies Of this our time, all you prefiguring; And, for they look'd but with divining eyes,

They had not skill enough your worth to sing:

For we, which now behold these present days,

Have eyes to wonder, but lack tongues to praise.

-Nikita

ARIES JUNE 2021

Love with your spouse can be made delightful by making compromises. Finances will show an uptrend. Health condition will be marvelous.

GEMINI JUNE 2021

Travel activities bring good gains. Health will be cheerful. Singles should be cautious before getting into love relationships. Finances are problematic.

SunSigns.Org

TAURUS JUNE 2021

Marital life will be cordial during second fortnight. Family atmosphere will be marvelous. Finances are very much encouraging.

Health is trouble-free.

CANCER JUNE 2021

Love with spouse will be enjoyable by shedding seriousness. Travels bring in good profits. Health requires more care. Family affairs are disturbing.

SunSigns.Org

LEO JUNE 2021

June will be a highly promising month. Love life will be full of romance. Businessmen and professionals will

make good progress.

VIRGO JUNE 2021

Social engagements make marital life enjoyable. Businessmen will make profits, while professionals make good career progress. Health is splendid.

SunSigns.Org

HOROSCOPES

LIBRA JUNE 2021

Students will excel in studies. Life with spouse will be exciting and imaginative. Businessmen can start new projects. Singles will be lucky in love

SAGITTARIUS JUNE 2021

Good communication is the key to marital happiness. Career people will make good progress. Health issues will create a few problems.

AQUARIUS JUNE 2021

June is propitious for educational progress. Marital life will be delightful with some tolerance. Health will

not have any problems.

SunSigns.Org

SCORPIO JUNE 2021

Social activities may spoil marital harmony. Career advancement will be commendable. Singles will charm opposite sex into love.

CAPRICORN JUNE 2021

Students can expect to do well in academics. Singles can find love in social functions. Cooperation with spouse will bring happiness.

PISCES JUNE 2021

Social activities will make marital life more enjoyable. Health prospects are marvelous. Students will excel

in their curriculum.

Think Mindfully. Live Happily.



More Love: A study showed people using headphone for three weeks were 21% more likely to respond compassionately toward a stranger imagine what Headspace can do for your relationships

More Smiles: Just 10 days of Headspace is shown to make you feel 16% happier, 27% less, irritable, and 14% less stressed.



More focus: Lost in thought? Just four weeks of Headspace can help you get 14% more focussed.

+ STOP THE SPREAD OF COVID-19 + SAFER TOGETHER, BETTER TOGETHER PLEDGE

I FOLLOW COVID-19 SAFETY GUIDELINES.

I PROPERLY WASH MY HANDS AND CLEAN MY WORK AREA.

I MAINTAIN PHYSICAL DISTANCING.

I WEAR A FACE COVERING.

I CHECK MY TEMPERATURE EACH MORNING AND EVENING.

I WILL GET TESTED IF I HAVE A FEVER OR ANY COVID-19 SYMPTOM

I STAY HOME IF I FEEL SICK.

I WILL MONITOR MY EXPOSURES AND GET TESTED AS NEEDED.

I PRACTICE KINDNESS AND PATIENCE.

I AM SAFER BECAUSE I DO MY PART.



STAY APART

MASK

